## The Hoosier Paddler

December 2021, Volume 59, Issue 9 http://www.hoosiercanoeclub.org/

### **Skippers Note**

As I get ready to become the Skipper of the Hoosier Club and Kayak Club (HCKC) for 2022, I'd like to introduce myself. My name is John Gates and I have been a club member since my family joined in 1978. I'm a Life Member and have held a variety of positions on the Board throughout those years. I primarily paddle whitewater and hold ACA Level 4 Instructor Certificates in both Whitewater Kayak and Swiftwater Rescue. In my "real" life, I work for The US Army Reserves as a Logistics Officer based out of the old Fort Benjamin Harrison on the East side of Indianapolis. My girlfriend Toni and I live together and manage 5 different children between the two of us.

My goals as Skipper are to continue in the long traditions of the club as a family-based organization by offering trips in all disciplines as well as instruction programs to develop all paddlers so they can safely enjoy the waterways we love. As I guide the club in the upcoming year, I have a big ask: that you as a member become involved and give freely of your energy and time to this club that has meant so much to me and so many others in our paddling family. Without your involvement, we're limited in what we can do; with it, we can continue to revitalize and expand our club so that more Hoosiers can enjoy this sport we all love. Thanks in advance for your help. I'm looking forward to a great year. John Gates

## **Trip Announcement**

New Year's Day Paddle January 1, 2022

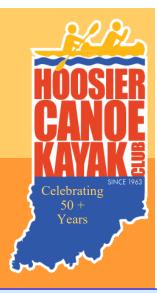
**Trip Sponsor: Dwayne James** 

Start the New Year out right. Join the club for a refreshing paddle on January 1 at 10:30 am. This year we plan to run the section of the White River that runs from the old railroad trail in Broad Ripple down to Riverside Park in Indianapolis. This section should have plenty of water and pose no problems for paddlers of any skill level. While all types of boats are usable, I would not want to use a sit on top as the water will be cold.

Pending weather, we will meet behind the Indianapolis Art Center at the put in where E 67th street and Cornell Ave meet. There is a small parking lot we can use. It will be cold: dress properly for your level of comfort. Bring a dry bag with extra clothes. We will run a shuttle leaving at 11 am. If you have covid symptoms or are not sure, stay home. Look for a go-no go email on December 31 by 8 pm. Questions: dwaynesjamesa1@hotmail.com

Editor's Note: For cold weather paddling tips see our information on the club website at: http://www.coldwaterbootcamp.com/pages/home.html

https://www.hoosiercanoeclub.org/resources/Documents/Club%20Documents/PaddlingInTheColdMonths.pdf https://www.hoosiercanoeclub.org/resources/Documents/Club%20Documents/ColdwaterPaddling.pdf



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The 2021-22 HCKC Board Election and By-Law Amendments are now open for consideration and we need your vote!

## 2021 - 2022 HCKC Board Elections and By Law Amendments

Start: December 22, 2021 End: December 31, 2021

You can log in to the club website and vote or follow this link to cast your votes:

Hoosier Canoe and Kayak Club - Poll details (hoosiercanoeclub.org)

#### **POLL DESCRIPTION:**

2020 and 2021 have been unprecedented years for us not only with the club but our day-to-day lives! In order to safely execute the annual club elections we have elected to perform the election electronically -

Please provide your selections for each executive position as well as for the board members at large below. For the executive positions, the option to either abstain from voting or to write in another selection is available as well.

If for some reason you are unable to vote using this format, your vote can be submitted by emailing to the following email address: hckc\_admin@googlegroups.com

If you have any questions or need assistance concerning the election process, please contact John Gates at 207.522.0259 or papergear317@gmail.com no later than 48 hours prior to the annual meeting date.

Thank you!

## PLEASE READ THE FOLLOWING BY LAW AMENDMENTS FOR CONSIDERATION/VOTE ACCORDINGLY AS REQUESTED BELOW:

### **Proposed new Article II Section 6**

Officers and Executive Board members are expected to attend (physically or virtually) at least three-quarters (3/4) of the Executive Board meetings. If an Officers or Executive Board member is unable to meet this expectation, the board may choose to replace this fficer or Executive Board member for the remainder of their term. Such action requires a two-thirds (2/3) vote by the Executive Board.

### Proposed correction to Article IV, Section 1A

The reference to Article I Section 4 should be changed to Article 1 Section 3

Download a printable copy of the ballot <u>here</u>

## **2021 Annual Trips Planning Meeting**

When: January 22, 2022 1:00 PM, EST

Where: Westfield, IN

Have a favorite river or waterway you want to share? Want to help train some newbies? We're always looking for trip leaders, various volunteers, new rivers and lakes to paddle, new ideas, and section chairs and co-chairs.

Bring your paddling ideas and get an early peek at our trip calendar for the 2022 year. If you're interested in being a trip leader or other type of volunteer, but not quite sure what to do, sign up anyways! We'll show you and guide you on what to do. We're all here to have fun.

We will be laying out our 2022 Trip Calendar on Saturday, Jan.22 @ 1:00 pm at Duane Garloch's home Duane's Address: 2755 Sawtooth Oak Circle Westfield, IN 46074-5854

Duane will be making beef chili and vegetarian chili. Bring a dish to share and BYOB. Hope to see you there!

### It's Saturday Pool Time Once Again!!!

**Greetings HCKC Membership!** 

Pool Time has moved to Saturday Mornings from 10am to noon and the water is warm - so why aren't you coming out and practicing an old skill or learning a new one? Upcoming Saturday Pools will focus on Deep Water Entries, Throw Bag practice, Forward Stroke, Sweep Strokes, and of course Rolling. We have Instructors in Canoe or Kayak of all disciplines - just let us know how we can work with you on your goals.

The rumor that the pool sessions are just for rolling is false. There is plenty of room to practice other skills that as paddlers we need and should be second nature so come out and practice! As a club we have been so fortunate to have this resource at our fingertips for so many years: most clubs across the nation do not hold sessions year round! In order to keep this amazing benefit, we need to utilize it!

The Pool Instructors look forward to seeing HCKC members and their guests so come and visit the pool this winter! Please visit the schedule of events calendar on our website at Hoosier Canoe and Kayak Club for location and updates on schedules.

## HCKC Annual Meeting January 2022

Details on the annual meeting and announcement of the outcome of the voting will be forthcoming. Watch for an email in the very near future. I suspect it will be a Zoom meeting. Remember, vote!!!!

## **Training Opportunity Wilderness First Aid and CPR**

Saturday February 5-6, 2022

Sponsor: Linda Decker

HCKC is offering a two day wilderness first aid training. This class was offered two years ago and it received great reviews. First Aid training is valuable for all of us enjoying outdoor Activities and paddling.

WHY IS WILDERNESS FIRST AID AND CPR TRAINING IMPORTANT? Accidents and unexpected medical emergencies happen. The temperature drops, the wind picks up, and it starts to rain. People get hurt, sick, or lost. Many backcountry and on-water emergencies are preventable, but when bad things happen, sometimes the wrong care can make things even worse. By learning how to quickly assess a person's conditions and a few basic skills, you can make the difference between a good outcome and a bad one-and maybe even save a life.

WHO IS WILDERNESS FIRST AID (WFA) FOR? The WFA is the perfect course for the outdoor enthusiast or trip leader who wants a basic level of first aid training for trips with family, friends, and outdoor groups. The 2-day SOLO WFA certification meets the ACA guidelines.

**WHAT IS TAUGHT?** The WFA class is 16-hours long (two days), and focuses on the basic skills of: Response and Assessment, Musculoskeletal Injuries, Environmental Emergencies, Survival Skills, Soft Tissue Injuries, and Medical Emergencies. CPR focuses on rapid response to Cardiac and Respiratory emergencies.

#### WHERE AND WHEN WILL IT BE HELD?

The schedule for the class is: WFA: Saturday, Feb 5 - 9:00 am - 5:30pm, Sunday, Feb 6, 8:00 am-4:30 pm CPR: Sunday 4:45 – 6:00 pm

**Note:** The entry gate for the park does not open until 8:00 am and participants must leave the park by 6:00 pm.

**Location** -Fort Harrison State Park, Camp Glenn Rec. Building 701 (near the Visitor Center & Park Office). We will send detailed directions to our venue about one week before the class.

**WHAT TO BRING** –Participants should bring a sack lunch each day. Beverages will be provided. We will send out an email with things that students should bring during the week before the class.

#### **HOW MUCH DOES IT COST?**

Wilderness First Aid Course: HCKC Members \$130 Non HCKC-Member \$150 Add-on CPR Option: \$35

Note: There is a \$7 / day entry fee for Fort Benjamin Harrison Park unless you have 2022 State Park Pass.

Register and online payment HCKC website

#### Note: The Registration Deadline for this class is January 21. Registration Notes:

- The class has a maximum of 28 students and a minimum of 12 students. -HCKC members may sign up one guest when they register @ the member rate.

**IS THERE AN EXAM?** Yes, there is ongoing evaluation of practical skills, and there are written assessments.

**DO I GET CERTIFIED?** You will receive a SOLO WFA certification which is valid for two years. You will earn a 2 -year CPR certification if you complete the CPR class. **A new edition of the training book will be provided.** 

For Questions Contact Linda Decker Class Coordinator Isdecker2018@gmail.com Hoosier Canoe and Kayak

#### **Volunteers Needed!**

## Ford 67<sup>th</sup> Annual Indianapolis Boat, Sport & Travel Show February 18<sup>th</sup> – 27<sup>th</sup>, 2022

**Event Coordinator: John Gates, Dwayne James** 

The Sport Show will be held with a somewhat changed format this year: they've gone to an eight-day event encompassing 2 weekends, February 18 - 20 & 23 - 27, 2022 at the Indiana State Fairgrounds (Monday and Tuesday will be closed to the public).

As in the past the group area booth space will continue to be free of charge to all non-profit groups and organizations. The group area will be available daily during the entire 8 days of the show. HCKC will set-up and leave our displays for the entire eight days of the event. The Show will continue to use a check-in procedure at the main door of the Champions Pavilion to facilitate volunteer admissions and accommodate flexible staffing.

#### **2022 EVENT DATES & HOURS:**

Ford 67<sup>th</sup> Annual Indianapolis Boat, Sport & Travel Show February 18<sup>th</sup> – 27<sup>th</sup>, 2022

30<sup>th</sup> Annual Indiana Motorcycle & Powersports Exposition February 18<sup>th</sup> – 20<sup>th</sup>, 2022

24<sup>th</sup> Annual Indiana Deer, Turkey & Waterfowl Exposition February 24<sup>th</sup> – 27<sup>th</sup>, 2022

#### **SHOW HOURS:**

Friday, February 18

1:00pm - 8:00pm
Saturdays, February 19 & 26

10:00am - 8:00pm
Sundays, February 20 & 27

10:00am - 5:00pm
Monday & Tuesday

CLOSED

Wednesday & Thursday 23<sup>rd</sup> and 24<sup>th</sup>

12pm to 7pm
Friday, February 21

12:00pm - 8:00pm

Dwayne James will be organizing the volunteers so if you are interested in coming out and helping spread the word of paddle sports and the HCKC, please watch for upcoming emails concerning a volunteer schedule. dwaynesjamesa1@hotmail.com

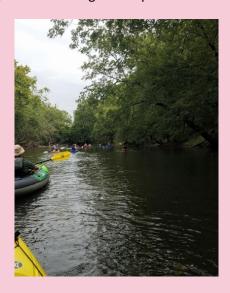
Earl King and I will be out there at different times to help and keep everything running smoothly. If you have any questions or want to suggest something that is presented in our booth that represents the club please reach out to me. Also if you have any videos or pictures from training or trips that the HCKC put on we would love to share them during the event - please send them to me so we can put them on the TV screens at the booth.

Can't wait to see everyone out at the show and Happy Holidays! - John Gates

### **Trip report**

## **Tippecanoe River – Menominee PAS to Germany Bridge Park Trip Sponsor: Judy Thompson**

This trip had originally been scheduled for earlier in the year, but due to weather/flow conditions, it was rescheduled to Sept. 4. The weather was cloudy with a high in the mid-70s. Although the sun never really shone, the rain pretty much stayed away during the time that we were on the water. There were 13 paddlers with 12 boats – mostly regular recreational kayaks, but there were also solo canoes, sit-on tops, and an inflatable. The Ora station was around 305 cfs and 5.45 ft. The 9.6 mile trip was fairly consistently shallow, but depth was good enough to avoid getting out unless you picked a bad path. Shortly after putting in, there was an area with a large amount of logs, but there was an open path through them, and no portaging was required. At a significantly faster flow, this area would be fairly tricky to navigate. There were numerous red flowers along the shoreline, and we all wondered what they were. Thanks to Jan Rugaber for looking them up – the blooms were Lobelia cardinalis or cardinal flower. All in all a pleasant day of paddling.







Wishing you all a very joyous holiday season. Come ring in the new year with Santa as we paddle the White River on New Year's Day.

Merry Christmas to all!

Dwayne James

Please send all pictures, trip reports, gear reviews, and other information that might be of interest to the club to dwaynesjamesa1@hotmail.co

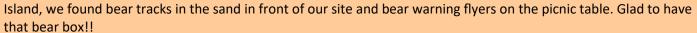
# Sea Kayak HCKC Trip Report Apostle Islands August 28- September 4, 2021 Submitted by: Linda Decker Trip Sponsor

Twelve paddlers participated in the Apostles trip this year. Our group was made up of 3 teams with 4 paddlers in each team.

Initially, we camped at Little Sand Bay Campground for the weekend. On Saturday, 8 paddlers launched from Meyers Beach to explore the mainland sea caves. We had to watch the time and conditions closely as, conditions were expected to change later in the day. It was foggy with low visibility and the caves and shoreline had an eerie feel. Timing was good......the torrential rain didn't start until we were off the water!

On Sunday, there were 3-4' waves and extremely windy conditions. A few paddlers couldn't resist the surf conditions in the bay and the others hiked. That evening we enjoyed a group dinner in town while each of the 3 teams planned departure time for the next day, travel routes and safety equipment to be taken.

Monday morning all teams had launched for the islands by 10:00, each headed for different campsites for the first of the next 5 nights. When our team landed on Oak



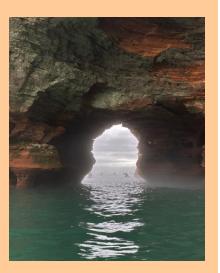
Tuesday, all 3 teams paddled to Rocky Island where we planned to stay for 3 nights. Two of the sites (2&3) were not very accessible and had damage from storms but, a helpful ranger volunteer helped us move to better sites. On Wednesday and Thursday, the teams explored islands around Rocky and each team explored the caves on Devil's Island. It doesn't matter if you have seen them before......it is always exciting to weave in and out of the caves and listen to the sounds of the waves echoing in the caves. Two evenings we gathered for a campfire at the dock of Rocky and shared stories of prior kayak adventures.

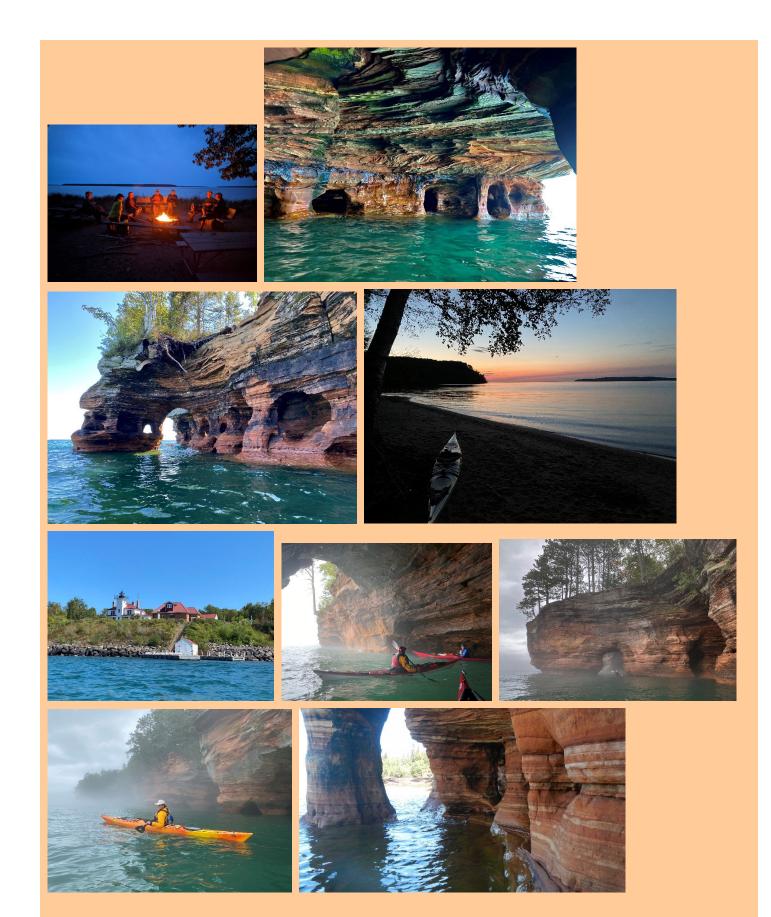
On Friday morning, the teams headed for islands closer to Little Sand, two teams on York and one on Sand. The team on Sand got up early on Saturday and explored the sea caves there before heading back to Little Sand Bay.

Overall, we had good weather conditions and a great adventure in the Lake Superior Apostle Islands. We would not be able to do a club trip like this without the experience and leadership of our team leads; Martha Gitt, Andy Thieneman,









The Newsletter of the Hoosier Canoe Club





