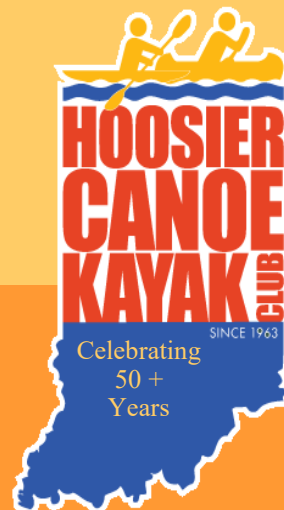


# The Hoosier Paddler

January 2021, Volume 59, Issue 1

<http://www.hoosiercanoeclub.org/>



## Skippers Note: It is a New Year and We Must Paddle

The fleet chairs consulted trip leaders and asked for input from members before putting their heads together, virtually, and created a calendar of trips for 2021. Please consult the website for upcoming trip details. As always, if you have questions about a trip, or the skills or gear needed, just contact the trip leader in advance and talk about it. If you know of a great place to paddle and want to sponsor a trip, co-lead a trip, or just suggest a trip location, please let your fleet chairs know and we can get it scheduled.

Usually February sees the club personing our booth at the annual boat, sport and travel show at the fairgrounds but covid caused a cancelation of that event. As an alternative, write up your favorite places to paddle, a report on a past trip, or tips on packing, safety, cooking, or planning, and send them for inclusion in the newsletter.

Dwayne James, writing in lieu of Your Skipper, Toni Harris

## Trip Announcement

**Ice Falls Sugar Creek February 20, 2021**

**Trip Sponsor: Dwayne James**

Please join us for great scenery and a very pretty paddle on Sugar Creek. We will meet at the Deer's Mill covered bridge and paddle down to the Narrows at Turkey Run State Park. It will be cold: dress properly for your level of comfort. We will run a shuttle leaving at 11 am. The trip generally takes until about 3 pm depending on how long we stop for lunch/breaks or to change into dry clothing after taking a swim. Masks will be worn on the shuttle. If you have covid symptoms or are not sure, stay home. Look for a go-no go email on February 19th by 8 pm. Questions: dwaynesjamesa1@hotmail.com

This is a cold weather paddling event. Sit on tops and sups are not appropriate for this trip. You must dress properly for your comfort level. A dry bag of extra clothing is required. No cotton, bring neoprene boots/gloves, wool hats for your ears, fleece/wool clothing or drysuits/wetsuits as you see fit.

Editor's Note: For cold weather paddling tips see our information on the club website at: <http://www.coldwaterbootcamp.com/pages/home.html>

<https://www.hoosiercanoeclub.org/resources/Documents/Club%20Documents/PaddlingInTheColdMonths.pdf>

<https://www.hoosiercanoeclub.org/resources/Documents/Club%20Documents/ColdwaterPaddling.pdf>

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Hunt for Crinoids and other fossils as we view the beautiful ice formations along the bluffs of Sugar Creek.

## The Newsletter of the Hoosier Canoe and Kayak Club

## Trip Announcement

**Annual Summit Lake Spring Solstice Celebration Trip: Saturday, March 20, 2021**

**THIS IS A LEVEL 2 HCKC Sea Kayaking Trip. Please review our trip level chart before signing up.**

**Sponsor:** Jim Eckerty [rentbsu@comcast.net](mailto:rentbsu@comcast.net)

**Schedule:** Launch time: 11:00 AM From Main Boat Ramp (read on) Length: 2-3 hours, 6-8 miles  
**Go / No-Go decision will be made & posted 24 hours prior to launch.**

**Registration:** Please register on the club web site or email if necessary.

**Equipment Requirement:** Wet or Dry suit and spray skirt **STRONGLY** recommended.

Appropriate clothing plus emergency Dry clothing in water tight bag.

Sit on top boats, SUP's are not appropriate for this trip. .

**Skill Requirement:** Experience with Cold Weather paddling. Please review Hypothermia Charts, getting wet could be lethal (see chart below). Many past trips have seen the ice dissipate just days before our arrival and sometimes we have encountered "HARD" water.

### Hypothermia:

Water Temp	Index	Unconsciousness	Survival Time
32.5 to 40 degrees	SEVERE	15 to 30 minutes	30 to 90 minutes

**GENERAL:** Rest rooms at the dock/put-it have been open for this trip in the past and we assume they will be available again this year. Since we are meeting at the main boat ramp (pass the gate house and turn right at the first "T") you will be able to launch your ship from the concrete ramp or shoreline. This early in the season there should be no gate fee but you will need a 2021 State Park Boat Permit, sometimes available at the park office but I would not depend on that. We will probably stop about half way a brief lunch. So dust off your gear and hope for great weather !

**SUMMIT LAKE:** Summit Lake is the major feature of Indiana's 19th state park. Established in 1988, 800 acre Summit Lake was formed by damming Big Blue River and other smaller tributaries. Summit Lake is very near the highest point in the state (hence the name Summit) so please be aware that wind and waves can be moderate...1-2 ft depending on the weather so a spray skirt is required.

**Directions:** Summit Lake State park is located northeast of New Castle and southeast of Muncie. From Mt Summit, IN (Highway 3 and 36 intersect here) travel 4 miles east on Highway 36 to Messick Road and then north 1 mile to the park.

Getting There: GPS Info. (Latitude, Longitude): 40.02097, -85.30126 40°1'15"N, 85°18'5"W

Mailing Address: Summit Lake State Park 5993 N Messick Road New Castle, IN 47362

## Sea Kayak Trip Tease

### Door County, Wisconsin in July

**Sponsor: Arnaldo Rodriguez**

If you're a sea kayaker, you might want to circle July on your calendar because for the first time in our club's history, we will be leading a trip to one of the premier paddling destinations in the Midwest: Door county, Wisconsin. Located in an 80-mile long peninsula surrounded by Lake Michigan on the east and Green Bay on the west, Door County offers a variety of activities to please the entire family. If you like watching the sunrise and sunset over the water, there you can watch both without leaving the county. You may bring your family and enjoy picking your own cherries in the thousands of acres of orchards in the area during the day and at night, you can admire the majestic Milky Way at Newport State Park, an International Dark Sky spot. You can also explore art galleries, sip on local brews and wines, hike in 5 state parks and 19 county parks, devour cherry pie or tour 11 historic lighthouses. There are dozens of small cities, towns and communities to explore, each with its own distinct look and feel.



Coastal towns are great here. Egg Harbor, Sister Bay, Ephraim, Fish Creek, Ellison Bay, Jacksonport and Bailey's Harbor offer unique dining opportunities. One of the things that make these communities stand out, besides their location next to the water, is the absence of national fast food and restaurant chains. At Fred and Fuzzy's just west of Sister Bay, you can enjoy a meal outside at a reasonable price with a million-dollar water view. At Al Johnson's Swedish Restaurant you can watch goats roam free on the restaurant's grass covered roof. Wilson's Restaurant & Ice Cream Parlor, a vintage soda fountain serving ice cream, house-brewed root beer and burgers since 1906 is a must in Ephraim. And at least once in your life you need to experience a traditional fish boil at one of several restaurants in the area. I could go on and on, but let's talk about the best thing you can do in Door County: kayaking!

With 300 miles of shoreline, Door County has it all. Towering bluffs, calm bays, historic lighthouses, rivers, estuaries, 34 named islands, pebble beaches, shipwrecks, and did I mention cool coastal towns? One of things that make Door county such a great kayaking destination is that there is always a place with favorable conditions for paddling. If the winds make it difficult to paddle on the Lake Michigan side, the Green Bay side will be waiting for you with open arms, and vice versa.

Here are some examples of the trips we are planning during this trip:

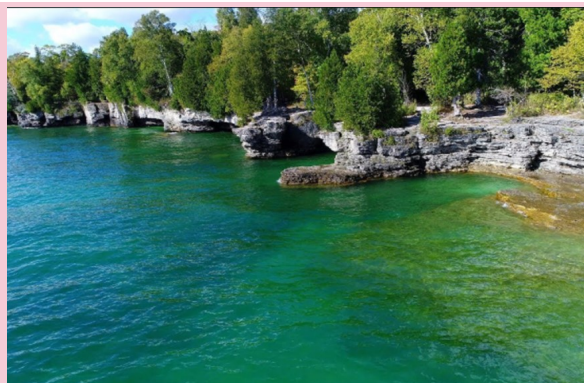
**Peninsula State Park** – This will be a 10-mile one-way trip. We will be paddling from Fish Creek to Ephraim along the entire coastline of what is considered one of the most popular parks in the Wisconsin state park system. We'll see rocky cliffs, Eagle Bluff Lighthouse and Nicolet Bay Beach. This trip includes a quick circumnavigation of Horseshoe Island.

**Top of the Door Tour** – This will be a 14-mile one-way paddle from Ellison Bay to Newport Beach SP. We will paddle north around Deathdoor Bluff near Door Bluff County Park, then east along Garret Bay's shoreline, past the village of Gills Rock and the ferry dock at Northport, and then turn south toward our takeout at Newport SP.

**Washington Island** – This will be a 10-mile roundtrip tour to Washington Island. The island is about 3.5 miles from the ferry dock at Northport, but we will not be making the crossing in one shot. Instead, we will make 3 short crossings. We will start with a 1.3-mile crossing to Plum Island, then a 1.6-mile crossing to Detroit Island continued to next page



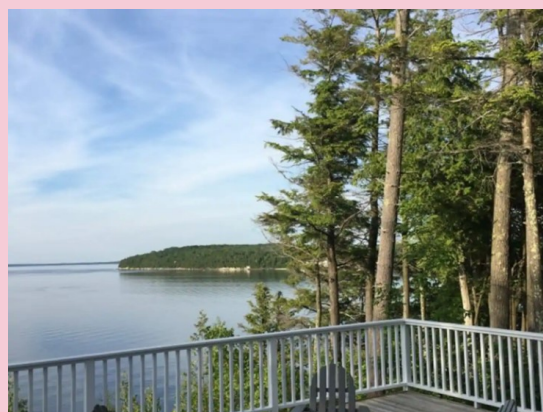
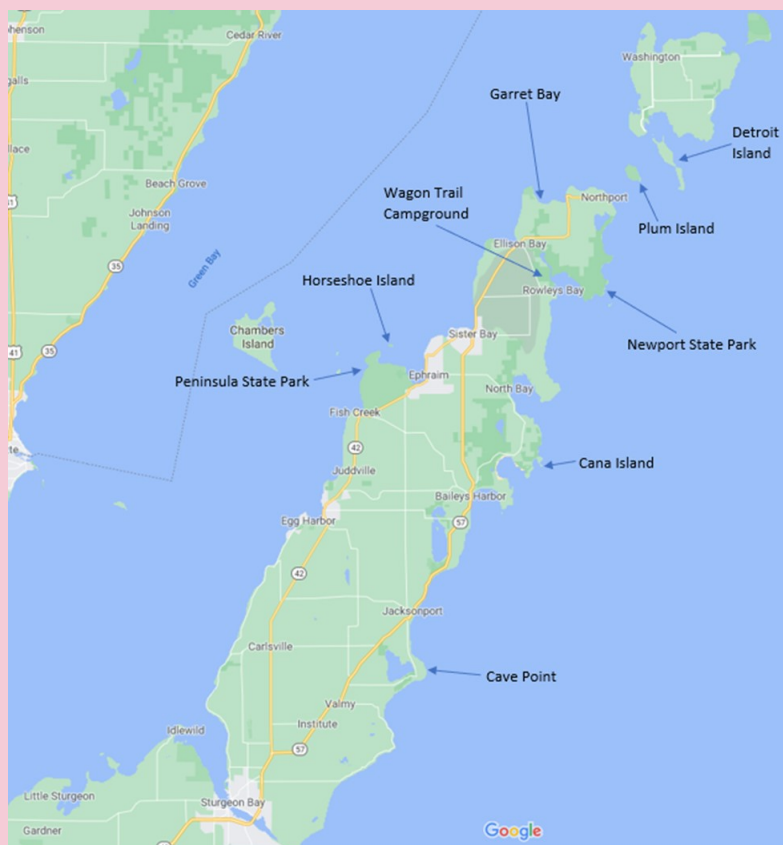
and finally a 0.2-mile short hop to Washington Island. We will paddle along portions of the shoreline of all 3 islands along the way and admire the Plum Island Rear Range Lighthouse.



**Ephraim to Ellison Bay** – This will be an 11.5-mile one-way trip that will hit three of the best coastal towns in Door county. We will start at Ephraim and paddle 5 miles to Sister Bay, then another 6.5 miles to Ellison Bay. The short distances between the towns will allow us time to soak in a little bit of the atmosphere of these picturesque towns, either during or after the paddle.

**Cave Point and Cana Island** – At 17 miles, this one-way trip will be the longest one. We will start at Schauer Park and paddle a mile or two south to Cave Point and explore its rocky shoreline. Then we'll paddle north to Jacksonport, across Bailey's Harbor and Moonlight Bay to our takeout near Cana Island.

This will be a 5-day sea kayaking trip not including driving days and will be led by Arnaldo Rodriguez. It's approximately a 6.5-hour drive from Indianapolis to Sturgeon Bay, followed by another scenic 38 miles to our campground. The plan is to car camp at Wagon Trail Campground near Rowley's Bay. This private campground offers tent and RV sites as well as a few cabins. Rowley's Bay Resort is about a mile away for those not wishing to camp. Stay tuned to this newsletter for more details including the actual dates. This is a not-to-be-missed trip that even your non-paddling family members will enjoy.



**The Newsletter of the Hoosier Canoe Club**

## Event Announcement

**Location: East Race, South Bend**

**May 28, 29, and 30, 2021**

**Sponsor: Gregory Emmack**



East Race Whitewater Festival

South Bend, IN

### Events:

Kayak Freestyle Competition 3 Divisions - Mens , Womens, and Masters (over 50yrs old)

Boatercross Races 4 Divisions - Mens Short Boat, Womens Short Boat, Mens Long and Womens Long

There will be heats of 4 racers at a time and the top 2 go on to the next round

There will be a few buoys that will need to be navigated

Riverboard Races 2 Divisions Mens & Womens

Only whitewater designed boards allowed ( Fluid Anvil, Kern, Carlson, etc)

Pool Floatie Race Only 1 division and only 1 heat - we're looking for colorful mass chaos

Only flotation devices designed for pool use allowed (flamingos, alligators, ducks, unicorns, etc)

Helmets and PFD's required

No flippers or paddles allowed

It's for fun

### Other Activities:

We will have food trucks near all of the fun

We have music that will be provided

Corby's Pub (right on the East Race) will be a sponsor also

Product/Gear vendors on site

### Schedule of Events: (Tentative)

Friday, May 28th - 6 - 8pm open practice session

Saturday, May 29th - 9 - 11am open practice session

Noon - 2pm Boatercross Races

2:30 - 3:30pm Riverboard Races

3:30 - 4pm Pool Floatie Race

4 - 6pm Freestyle Competition

6:30pm Awards Ceremony

7 - 9pm Musical Entertainment

Sunday, May 30th - 11am - 4pm Sunday Funday - East Race will be open

no competitions

no planned activities

Just Fun!

Watch for registration details on our facebook site.

# The Newsletter of the Hoosier Canoe Club

## Sea Kayaking Paddling Topics & Gear Review

**by Tony Pascuzzi Co-Chair SK Fleet**

I was going to do a write up on cold water paddling when low and behold, Paddling.com has a great article by Moulton Avery. He also has some great info in the links in his article so lots of great information in this one article alone.

[Paddler's Guide to Cold Water Gear](https://paddling.com/learn/paddlers-guide-to-cold-water-gear/) <https://paddling.com/learn/paddlers-guide-to-cold-water-gear/>

I paddle frequently in cold weather. Some of my favorite gear to keep me warm and dry include:

- Kokatat dry suit (can layer up/down depending on water and air temperatures)
- Kokatat Inferno Mitts
- Reed Chillcheater transpire fleece (I have several sets of the tops and bottoms in single and double thickness and use them for all outdoor activities). *Use code BC10 for 10% discount.*

Kayak Academy are experts in all things dry suit related as they wear them year round in the Pacific Northwest due to colder water temperatures. They can assist with sizing, options, etc., for purchases of new and used dry suits. They replace the gaskets and hydro test their rental dry suits prior to selling at very attractive discounted pricing. Below are some helpful links if you are looking for cold water gear.

[Dry Suit Buyer's Guide | Kayak Academy](https://www.kayakacademy.com/pages/drysuit-guide) <https://www.kayakacademy.com/pages/drysuit-guide>

[Baselayers & Undersuits](https://www.chillcheater.com/baselayers-and-undersuits) <https://www.chillcheater.com/baselayers-and-undersuits>

[Wicking Baselayers Explained - Transpire Fleece Fabric](https://www.youtube.com/watch?v=AydyEhjpOTQ) <https://www.youtube.com/watch?v=AydyEhjpOTQ>

Please let me know of interests in SK topics or specific gear.

Tony Pascuzzi Email: [izzucsap@yahoo.com](mailto:izzucsap@yahoo.com) Editor's Note: For cold weather paddling tips see our information on the club website at: <http://www.coldwaterbootcamp.com/pages/home.html>

<https://www.hoosiercanoecub.org/resources/Documents/Club%20Documents/PaddlingInTheColdMonths.pdf>

<https://www.hoosiercanoecub.org/resources/Documents/Club%20Documents/ColdwaterPaddling.pdf>

## Remembering Lost Paddlers

It has been a rough year all around. Here are a few links to remembrances of fellow paddlers who passed this year.

Link to Jim Sprandel Memorial

<https://drive.google.com/file/d/1qBsWjB8KmpVxFSZ4O4cRtc011K16x3js/view?usp=sharing>

Link to Wayne Sturtevant and Doris Weis

<https://drive.google.com/file/d/1wjO2jf8AqAtNSl9RF0LVE1yKs9HXbV3u/view?usp=sharing>

**The Newsletter of the Hoosier Canoe Club**



## I want you!

### **VOLUNTEERING: The hardest job you'll never get paid for!**

(excerpt from an article by Miriam Medina) Contact any club officer to offer your help.

Volunteers are responsible individuals who offer their expert knowledge, talents and services willingly, without remuneration, and reimbursement for their expenses. While some individuals choose to volunteer in their community, there are others that offer their knowledge and usefulness from the comfort of their home via their computer. Whether it is on a large or small scale, somewhere those volunteers are making a positive impact to a worthy cause or on someone's life.

There has always been a need for volunteers, especially now, that we are currently in a severe economic crisis. As a result of Federal cut-backs and lack of funds many charitable organizations are on the brink of closing their doors to those in desperate need. Volunteering requires a lot of hard work, time, and energy and in some cases, money. A volunteer's efforts to a worthy cause will help that particular organization to economize money that would otherwise be spent on labor. Volunteer work is necessary to our American economy.

Unfortunately, there are situations where volunteers are treated with disrespect. Demands are placed upon them to move at a faster pace or to give more of themselves, beyond what was initially required. This reflects a clear message of selfishness and indifference on the part of the administrator that he or she doesn't care much about the quality of the work that is being done, or much about the individual. Whether the volunteer devotes one hour or several hours a week, or a month to a given project, this is only what they are able to do. Volunteering for a cause does not mean, that it should take priority over everything else in their life. Please remember that these individuals have families and situations to tend to outside of their volunteer work..

There are individuals who pursue goals in their volunteer work, and which with all honorable intentions wish to generate the greatest good possible in furthering the cause. Sometimes a person may succeed in some areas, while in others fail to meet the proposed task. It could be possible that the individual may have devoted all his/her considerable energy and time toward fulfilling one goal and falling short of achieving the others. Nevertheless, I feel that whatever was accomplished and benefited by that volunteer's good intention should be judged for the value in itself and not be reprimanded for "taking on too much" and leaving behind a "half assed" project. I find this to be a very offensive statement. If that volunteer did an excellent job in other areas or at other times, then please do remind them of that good performance, congratulate them or they will think less of their volunteer efforts and cease to contribute their free services. Yet, sadly to say, this doesn't always happen.

So please let us not forget to always be appreciative of all free services that we have received from the efforts of volunteers. "Thank you" is one of the most positive words that we can communicate, yet it is the least used. "Thank you" expresses gratitude. Just saying a simple "thank you" each time can make all the difference in the world. It encourages that volunteer to go the extra mile, when he or she is being appreciated. Not only thank the volunteers for their services but also thank the administrators of those organizations and humanitarian causes that make it all possible.

## The Newsletter of the Hoosier Canoe Club