The Hoosier Paddler

December 2020, Volume 58, Issue 11 http://www.hoosiercanoeclub.org/

Skippers Note: SEASON's GREETINGS!!

Annual Meeting

We had a zoom meeting attended by approximately 25 people on December 9, 2020. Elections were held. I am told the vote was unanimous. See a list of the newly elected Officers and Board in this newsletter. Congratulations to all.

Upcoming events: January 1 New Years Day Paddle and a Trips Planning Meeting. You should have received an email from your group leader asking for ideas and volunteers to lead trips for the whitewater, sea kayak and flatwater groups. If not, look on the facebook page. Or send your trip idea and date to your group leader.

If you wish to sponsor a trip but do not feel comfortable doing so, contact an experienced trip leader and ask for help. It is not difficult.

Dwayne James, writing in lieu of Your Skipper, Toni Harris

Trip Announcement

New Year's Day Paddle January 1, 2021

Trip Sponsor: Dwayne James

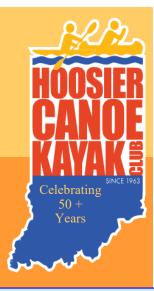
Start the New Year out right. Join the club for a refreshing paddle on January 1 at 10:30 am. This year we plan to run the section of the White River that runs from the old rail-road trail in Broad Ripple down to Riverside Park in Indianapolis. This section should have plenty of water and pose no problems for paddlers of any skill level. While all types of boats are usable, I would not want to use a sit on top as the water will be cold.

Pending weather, we will meet behind the Indianapolis Art Center at the put in where E 67th street and Cornell Ave meet. There is a small parking lot we can use. It will be cold: dress properly for your level of comfort. We will run a shuttle leaving at 11 am. Masks will be worn. If you have covid symptoms or are not sure, stay home. Look for a go-no go email on December 31 by 8 pm. Questions: dwaynesjamesa1@hotmail.com

Editor's Note: For cold weather paddling tips see our information on the club website at: http://www.coldwaterbootcamp.com/pages/home.html

https://www.hoosiercanoeclub.org/resources/Documents/Club%20Documents/PaddlingInTheColdMonths.pdf

https://www.hoosiercanoeclub.org/resources/Documents/Club%20Documents/ColdwaterPaddling.pdf



In this issue:

Page 1: Annual Meeting

Page 1 New Year's Day Paddle

Page 5: Paddlers we have lost

Trip Announcements:

Page 2: Election of Officers and Board

Page 2: Covid Policy

Page 3: Trip Planning Process

Page 4: Sea Kayak Thoughts

Page 5: Sea Kayak Gear

Trip Reports

Page 3: Grayson Lake

Page 9: Volunteer



The Newsletter of the Hoosier Canoe and Kayak Club

Annual Election of Officers and Board Members December 9, 2020

We elected our 2020 HCKC officers and board members during our Annual Meeting in December. The Nominating Committee presented the following slate for the 2021 HCKC Officers and Board. The vote was unanimous.

Skipper (President) - Toni Harris Executive Officer (Vice President) - John Gates Purser (Treasurer) - Jim Clendenin Yeoman (Secretary) - Mariann Davis

Board Members at Large:

Current board members are designated with an asterisk.

John Carlson* Richard Clapham* Dave Ellis* Arnaldo Rodriguez
Natalie Needham* Earl King* Tim Owens* Linda Decker
Brent Saucerman* Judy Thompson* Jeff Stejskal* Jon Reneberg*

Duane Garloch will continue to serve on the board as Past President.

Congratulations to all.

DID YOU KNOW

the objectives of the Hoosier Canoe and Kayak Club are:

- To bring together people with a mutual interest in paddlesports (canoeing, kayaking, rafting) camping and other family outdoor activities
- To promote skill and safety in paddlesports
- To promote the preservation of natural waterways and natural resources (ref. Constitution of the Hoosier Canoe and Kayak Club Article II Objectives)

Canoe and Kayak Covid 19 Policy

The Canoe & Kayak (Flatwater) Fleet will resume some trips beginning in July. The details have not all been worked out, but we will need to take additional precautions due to Covid-19. Participants must complete a Trip Waiver & COVID-19 Self Screening form prior to the event and send an electronic copy to the Trip Sponsor. Participants will be excluded if fever, symptoms or risk factors are positive. We will add some shuttle-less trips so that we can more easily practice social distancing. On any (mainly river) trips requiring a shuttle, the number of people in each vehicle will be limited, and all people in the vehicle will need to wear face coverings or masks for the duration of the vehicle shuttle. Please bring your own face covering and hand sanitizer if possible – trip leaders or another club representative should bring masks and sanitizer for those that do not have them or have forgotten them. There will be some changes to our schedule, so watch for them and further information on the website or email.

HCKC 2021 Trip Planning Process

Submitted by Linda Decker Interim Executive Officer

I'm sure everyone is looking forward to the 2021 paddling season and getting back out on the water. We were fortunate this year that we could stay active and safe camping and paddling. There still is uncertainty for the future about the pandemic but, we will plan the new year and make adjustments where necessary. Early planning is helpful for those requesting vacation time or making camping reservations. We need your ideas and help to make this a great paddling season in 2021.

Our planning process will need to be virtual this year

Phase One: As soon as possible, **s**ubmit, to your respective Fleet Chairman, destinations and trips you would like

to see on the 2021 calendar. Note any trips that you are willing to lead or sponsor.

Phase Two: The fleet chairmen will communicate with fleet members by Email or Zoom. By January

24, each fleet will have a draft developed for 2021 trips.

Phase Three: January 31st 5:00pm Fleet Chairmen and Education planners will meet via Zoom to coordinate calen-

dar between each fleet's trips and planned training sessions. HCKC 2021 Calendar will be posted fol-

lowing this meeting.

2021 Fleet Chairmen

| Canoe & Kayak /C & K | Sea Kayak / SK | White Water / WW |
|---|--|-----------------------------------|
| Brent Saucerman Brent.saucerman@tsa.dhs.gov | Linda Decker lsdecker2018@gmail.com | Eric Hayes ericsallyhayes@att.net |
| Judy Thompson Judy_thom@hotmail.com | Jim Eckerty rentbsu@comcast.net | Tony Harris tosharri@gmail.com |
| | Tony Pascuzzi izzucsap@yahoo.com | |

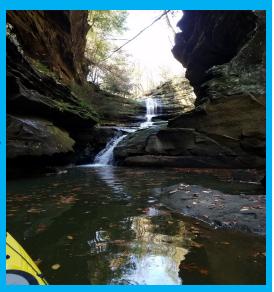
Trip Report: Grayson Lake, KY, Oct. 30 – Nov.1 Trip Leader: Judy Thompson

The foliage was not quite peak on the 2019 Grayson trip, so it was scheduled later in the year for 2020. The campground was full for Oct. 23-25, so it was rescheduled for Oct. 30-Nov. 1. There was still limited space at the campground, and the foliage was past peak, but the weather was warm, and no rain. Sunday's paddle brought strong winds, which swirled around the canyons making for some interesting paddling, but Friday and Saturday were close to perfect.

The water levels were high, and the waterfalls were running due to heavy rain in the area Thursday. 6 paddlers went out Friday afternoon in the headwaters, 11 on the all-day paddle on Saturday, and 10 for the trip to the Grotto Sunday morning. We enjoyed socializing (with Covid 19 distancing) around the campfire on Friday night, and to a lesser extent on Saturday night.

Grayson Lake is a wonderful place to paddle with tall cliffs, and numer-

ous waterfalls (during rainy times), and less than a day's drive from central Indiana. If you haven't paddled there yet, you certainly should make the trip sometime.



Sea Kayaking Forward Strokes Submitted By: Linda Decker Co-Chair Sea Kayak Fleet

In spite of the challenges of 2020, our fleet was able to safely enjoy paddling locally as well as, extended trips to the Upper Peninsula, Michigan and Kentucky. We had new paddlers join our fleet and lots of participation from our members that live in Michigan, Ohio and Kentucky.

Thanks to all the paddlers that stepped up to help with planning and leading our trips!!

To better manage planning, training and communications within the Sea Kayak Fleet, we will have 3 Fleet Co-Chairs for 2021. Here are our responsibilities and a little paddling background.

| Linda Decker Coordinates SK Leadership Board member SK Trip Coordinator for Extended Trips Maintains SK page on Website | "I first discovered paddling and primitive camping in the 90s, taking frequent canoe trips to the Boundary Waters Canoe Area Wilderness. I began kayaking 7 years ago. In 2017 I joined HCKC and began paddling with the Sea Kayak group. I have been a fleet co-chair for 2 years. I love sea kayaking because of the diverse areas and types of water we camp and paddle in." |
|---|--|
| Jim Eckerty SK Trip Coordinator for Local & Day Trips | "The 1980 gift of a 17' Aluminum cargo canoe was the start of regular paddling for me. In 1998 that was traded for my first Kayak. Both were primarily used for fishing, hence my bad paddling habits. I joined the club in 2011, purchasing my first Sea kayak in 2016, soon baptizing each other in the North Atlantic. Touring new/interesting areas with old and new friends is the best." |
| Tony Pascuzzi Liaison for out of state members Newsletter & Gear Review SK Resources | "I've been paddling since a young boy. Most of my early paddling was in a canoe on the streams, rivers and lakes of Michigan. I've been sea kayaking for 16 years and have been a member of HCKC for 5 years. I love sea kayaking, kayak surfing and camping. I'm an avid (some would say fanatical) Greenland style roller and love the confidence that rolling provides." |

Planning for 2021

We are beginning early planning for the 2021 season. Our Trip Planning meeting will be in January. Please let me know if you have a specific trip you would like to lead or have a destination you would like us to consider.

We would also like to know interests you may have for specific training....... Rough water, navigation or other paddling skills

Ice Falls Trip

Dwayne James will be leading the Ice Falls trip on Sugar Creek in late February 2021. Watch the newsletter for an announcement of location and time. If you have a suggestion for other trip ideas please send me a note dwaynesjamesa1@hotmail.com

Sea Kayaking Paddling Topics & Gear Review by Tony Pascuzzi Co-Chair SK Fleet

I was going to do a write up on cold water paddling when low and behold, Paddling.com has a great article by Moulton Avery. He also has some great info in the links in his article so lots of great information in this one article alone.

Paddler's Guide to Cold Water Gear https://paddling.com/learn/paddlers-guide-to-cold-water-gear/

I paddle frequently in cold weather. Some of my favorite gear to keep me warm and dry include:

- Kokatat dry suit (can layer up/down depending on water and air temperatures)
- Kokatat Inferno Mitts
- Reed Chillcheater transpire fleece (I have several sets of the tops and bottoms in single and double thickness and
 use them for all outdoor activities). Use code BC10 for 10% discount.

Kayak Academy are experts in all things dry suit related as they wear them year round in the Pacific Northwest due to colder water temperatures. They can assist with sizing, options, etc., for purchases of new and used dry suits. They replace the gaskets and hydro test their rental dry suits prior to selling at very attractive discounted pricing. Below are some helpful links if you are looking for cold water gear.

Dry Suit Buyer's Guide | Kayak Academy https://www.kayakacademy.com/pages/drysuit-guide

Baselayers & Undersuits https://www.chillcheater.com/baselayers-and-undersuits

Wicking Baselayers Explained - Transpire Fleece Fabric https://www.youtube.com/watch?v=AydyEhjpoTQ

Please let me know of interests in SK topics or specific gear.

Tony Pascuzzi Email: izzucsap@yahoo.com Editor's Note: For cold weather paddling tips see our information on the club website at: http://www.coldwaterbootcamp.com/pages/home.html

https://www.hoosiercanoeclub.org/resources/Documents/Club%20Documents/PaddlingInTheColdMonths.pdf https://www.hoosiercanoeclub.org/resources/Documents/Club%20Documents/ColdwaterPaddling.pdf

Remembering Lost Paddlers

It has been a rough year all around. Here are a few links to remembrances of fellow paddlers who passed this year.

Link to Jim Sprandel Memorial

https://drive.google.com/file/d/1qBsWjB8KmpVxFSZ4O4cRtc011K16x3js/view?usp=sharing

Link to Wayne Sturtevant and Doris Weis

https://drive.google.com/file/d/1wjO2jf8AqAtNSI9RF0LVE1yKs9HXbV3u/view?usp=sharing



I want you!

VOLUNTEERING: The hardest job you'll never get paid for!

(excerpt from an article by Miriam Medina) Contact any club officer to offer your help.

Volunteers are responsible individuals who offer their expert knowledge, talents and services willingly, without remuneration, and reimbursement for their expenses. While some individuals choose to volunteer in their community, there are others that offer their knowledge and usefulness from the comfort of their home via their computer. Whether it is on a large or small scale, somewhere those volunteers are making a positive impact to a worthy cause or on someone's life.

There has always been a need for volunteers, especially now, that we are currently in a severe economic crisis. As a result of Federal cut-backs and lack of funds many charitable organizations are on the brink of closing their doors to those in desperate need. Volunteering requires a lot of hard work, time, and energy and in some cases, money. A volunteer's efforts to a worthy cause will help that particular organization to economize money that would otherwise be spent on labor. Volunteer work is necessary to our American economy.

Unfortunately, there are situations where volunteers are treated with disrespect. Demands are placed upon them to move at a faster pace or to give more of themselves, beyond what was initially required. This reflects a clear message of selfishness and indifference on the part of the administrator that he or she doesn't care much about the quality of the work that is being done, or much about the individual. Whether the volunteer devotes one hour or several hours a week, or a month to a given project, this is only what they are able to do. Volunteering for a cause does not mean, that it should take priority over everything else in their life. Please remember that these individuals have families and situations to tend to outside of their volunteer work.

There are individuals who pursue goals in their volunteer work, and which with all honorable intentions wish to generate the greatest good possible in furthering the cause. Sometimes a person may succeed in some areas, while in others fail to meet the proposed task. It could be possible that the individual may have devoted all his/her considerable energy and time toward fulfilling one goal and falling short of achieving the others. Nevertheless, I feel that whatever was accomplished and benefited by that volunteer's good intention should be judged for the value in itself and not be reprimanded for "taking on too much" and leaving behind a "half assed" project. I find this to be a very offensive statement. If that volunteer did an excellent job in other areas or at other times, then please do remind them of that good performance, congratulate them or they will think less of their volunteer efforts and cease to contribute their free services. Yet, sadly to say, this doesn't always happen.

So please let us not forget to always be appreciative of all free services that we have received from the efforts of volunteers. "Thank you" is one of the most positive words that we can communicate, yet it is the least used. "Thank you" expresses gratitude. Just saying a simple "thank you" each time can make all the difference in the world. It encourages that volunteer to go the extra mile, when he or she is being appreciated. Not only thank the volunteers for their services but also thank the administrators of those organizations and humanitarian causes that make it all possible.



Oh no! Sorry to hear this. I first met Jim at Eagle Creek Park in 2013 when a friend & I were practicing kayak rescues. He approached us and gave us some great tips on how to improve and then paddled away. Robin Walden-Jansen



Jim was such a bright light in the paddling community. Dan and I worked closely with him when he was newsletter editor and were in his "beta class" when he was working on his instructor skills. None finer - great guy, will be sorely missed! Linda Smith

