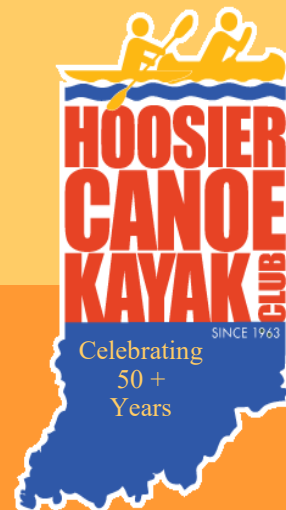


The Hoosier Paddler

March 2020, Volume 58, Issue 3

<http://www.hoosiercanoeclub.org/>



2020 Wilderness First Aid Training and Ice Falls—We have lots on the schedule for March.

Thanks to all who helped person the booth at the Indiana Boat, Sport and Travel show this year. Our low head dam model was again a hit and we were able to speak to many old friends and make some new ones. If you have not yet registered for the WFA training, do so now. And Canoecopia is right around the corner. Come join us for some fun Toni Harris

Training Announcement Learn to Kayak or Canoe White Water

This year the club is excited to be offering dedicated instruction for people to learn how to kayak and canoe in moving (white) water.

The instructing will start on slow moving water, and can be adapted for the group during each trip. It will take place over 4-5 days, spread out over the spring and summer. The target is when complete you will be able to operate as a group member on grade 2 (some 3) moving water. You will learn to eddy in and out, brace for support, ferry-glide, and surf, learning to use the water to support your paddling, rather than have to battle against it.

Instruction

Will be provided by ACA L4 qualified WW instructors.

Prerequisites.

Comfortable with a wet exit.

Can control a canoe/kayak in a sheltered bay, performing a figure 8 circuit.

NB – a roll is not essential

Equipment.

Kayak (under 10ft, typically) Or Canoe (16ft or Smaller).

Paddle

Approved Lifejacket/PFD.

Suitable clothing

Start date

Weather dependent – 7th March

If you are interested, or have any queries, please contact Richard Clapham on clap-hamrichard08@gmail.com

In this issue:

Page 1: Training Moving Water

Trip Announcements:

Page 2: Niches Land Trust

Page 3: SOLO WFA training

Page 4: Summit Lake SK trip

Page 5: Sea Kayak Thoughts

Page 6: Beaufort, NC SK

Page 7: Low Head Dam Legislation—contact your Officials

Page 7: Ice Falls Sugar Creek

Page 8: Low Head Dam info

Items for Sale:

Page 10: Dry Suit, Liquid Logic

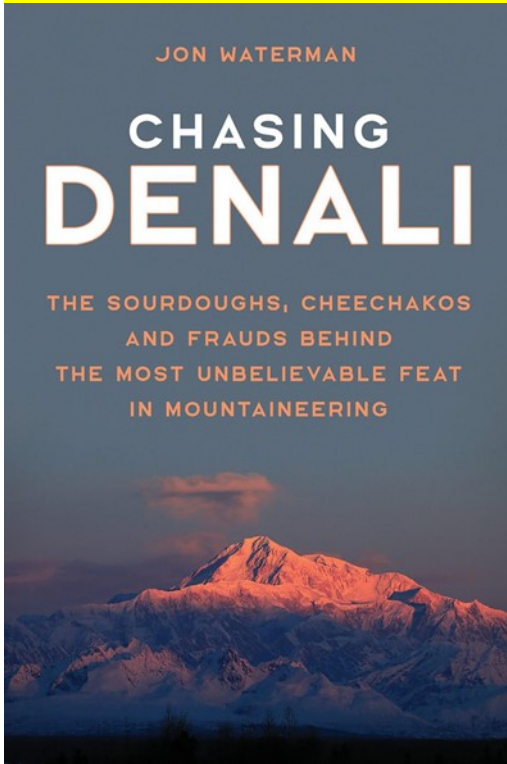


Hunt for some of these on the Ice Falls 2020 Trip 3/7

Jonathan Waterman and Wabash Trail presentation:

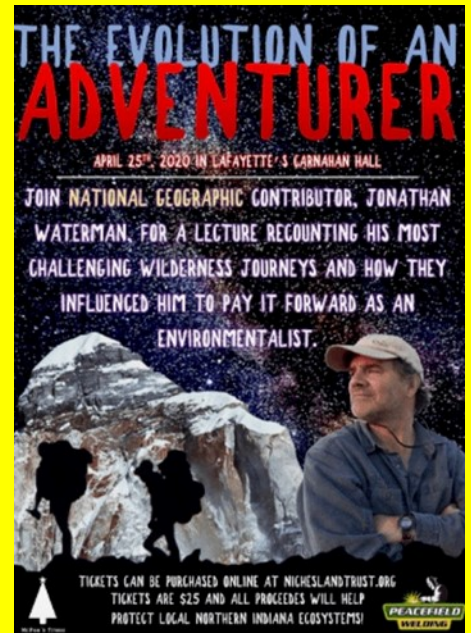
April 25, 2020 6:00 p.m. - 9:00 p.m.

Join Niches Land Trust in Lafayette for a lecture by Jonathan Waterman: Adventurer. National Geographic writer and photographer.



You'll hear about NICHES efforts to establish longer distance hiking trails and restore lands along the Wabash River and how Jonathan Waterman's adventures with National Geographic shaped his understanding and appreciation of the natural world. This is a ticketed event.

Ticket price \$25 **BUY TICKETS NOW!**



The Newsletter of the Hoosier Canoe Club

Training Opportunity

SOLO WILDERNESS FIRST AID – CPR/AED CLASS

SATURDAY, FEBRUARY 29 - SUNDAY MARCH 1, 2020

WHY IS WILDERNESS FIRST AID AND CPR TRAINING IMPORTANT? Accidents and unexpected medical emergencies happen. The temperature drops, the wind picks up, and it starts to rain. People get hurt, sick, or lost. Would you know what to do? Many backcountry and on-water emergencies are preventable, but when bad things happen, sometimes the wrong care can make things even worse. By learning how to quickly assess a person's conditions and a few basic skills, you can make the difference between a good outcome and a bad one-and maybe even save a life.

WHO IS WILDERNESS FIRST AID (WFA) FOR? The WFA is the perfect course for the outdoor enthusiast or trip leader who wants a basic level of first aid training for trips with family, friends, and outdoor groups. The 2-day SOLO WFA certification meets the ACA guidelines.

WHAT IS TAUGHT? The WFA class is 16-hours long (two days), and focuses on the basic skills of: Response and Assessment, Musculoskeletal Injuries, Environmental Emergencies, Survival Skills, Soft Tissue Injuries, and Medical Emergencies.

CPR focuses on rapid response to Cardiac and Respiratory emergencies.

WHERE AND WHEN WILL IT BE HELD?

The schedule for the class is:

WFA: Saturday - 8:30 am - 5:00pm, Sunday - 8:00 am – 4:30 pm

CPR: Saturday – 5:15 – 5:45 pm, Sunday 4:45 – 5:30 pm

Note: The entry gate for the park does not open until 8:00 am and participants must leave the park by 6:00 pm.

Location - Fort Harrison State Park, Camp Glenn Rec. Building 701 (near the Visitor Center & Park Office).

We will send detailed directions to our venue about one week before the class.

WHAT TO BRING – Participants should bring a sack lunch. Beverages will be provided. We will send out an e-mail with things that students should bring during the week before the class.

HOW MUCH DOES IT COST?

Wilderness First Aid	HCKC Members \$100	Non HCKC-Member \$125
CPR Option	HCKC Member \$25	Non HCIC-Member \$35

Note: There is a \$7/day entry fee for Fort Benjamin Harrison Park.

HOW TO SIGN UP - Sign up by going to the [Calendar Page for this event](#) in the club's Event Calendar and clicking "Register" in the bottom of the left-hand column on this page

Note: The Registration Deadline for this class is Friday, February 14.

Registration Notes:

- The class has a maximum of 30 students and a minimum of 12 students.
- People may sign up one guest when they register for the course.

IS THERE AN EXAM? Yes, there is ongoing evaluation of practical skills, and there are written assessments throughout the course.

DO I GET CERTIFIED? Yes. You will receive a SOLO WFA certification which is valid for two years. You will earn a 2-year CPR certification if you complete the CPR class.

Canoecopia March 13-15, 2020 Madison Wisconsin

The Newsletter of the Hoosier Canoe Club

Trip Announcement

FW/SK: Annual Summit Lake Spring Paddle

When: March 21, 2020 , EDT
Where: Summit Lake State Park

EVENT DETAILS:

The Annual Summit Lake Spring Solstice Celebration Trip:
Saturday, March 21, 2020

The annual spring paddle at Summit Lake is fast approaching.

Please come and join this group of hearty paddlers celebrating SPRING !

Sponsor: Jim Eckerty rentbsu@comcast.net

Schedule: Launch time: 11:00 AM From Main Boat Ramp (read on)
Length: 2-3 hours, 6-8 miles

Go / No-Go decision will be made & posted 24 hours prior to launch.

Registration: Please register on the club web site or email if necessary.

Equipment Requirement: ≥14' Boat recommended. Wet or Dry suit and spray skirt **STRONGLY** recommended. Appropriate clothing plus Dry clothing in water tight bag. **Wearing PFD is required on this HCKC this trip.**

Sit on top boats, SUP's are not appropriate for this trip.

Skill Requirement: Experience with Cold Weather paddling. Please review Hypothermia Charts, getting wet could be lethal (see chart below). Many past trips have seen the ice dissipate just days before our arrival and sometimes we have encountered "HARD" water.

Hypothermia:

Water Temp	Index	Unconsciousness	Survival Time
32,5-49 degress	Severe	15-30 minutes	30-90 minutes

GENERAL: Rest rooms at the dock/put-it have been open for this trip in the past and we assume they will be available again this year. Since we are meeting at the main boat ramp (pass the gate house and turn right at the first "T") you will be able to launch your ship from the concrete ramp or shoreline. This early in the season there should be no gate fee but you will need a 2020 State Park Boat Permit, sometimes available at the park office but I would not depend on that. We will probably stop about half way a brief lunch. So dust off your gear and hope for a good day.

SUMMIT LAKE: Summit Lake is the major feature of Indiana's 19th state park. Established in 1988, 800 acre Summit Lake was formed by damming Big Blue River and other smaller tributaries. Summit Lake is very near the highest point in the state (hence the name Summit) so please be aware that wind and waves can be moderate...1-2 ft depending on the weather so a spray skirt is required.

Directions: Summit Lake State park is located northeast of New Castle and southeast of Muncie. From Mt Summit, IN (Highway 3 and 36 intersect here) travel 4 miles east on Highway 36 to Messick Road and then north 1 mile to the park.

Getting There: GPS Info. (Latitude, Longitude): 40.02097, -85.30126 40°1'15"N, 85°18'5"W
Mailing Address: Summit Lake State Park 5993 N Messick Road New Castle, IN 47362

The Newsletter of the Hoosier Canoe Club

Paddling season is almost here. It may be time to dig out the old dry suit and start paddling again. It's about time to start getting in condition for the upcoming season.

Summit Lake Paddle - Our first club paddle will be coming up on Saturday, March 21 at Summit Lake – I checked the HCKC newsletter archive and this is our 10th year for this paddle. Joel Delashmitt first took us to Summit Lake because it is one of the cleanest lakes in the state - a place to practice rolling and rescues. It also turns out that there are a lot of interesting migratory birds in March. Then again, there were years when there were few birds and I used my plastic Tempest to serve as an icebreaker for the group. We'll have to see what this year brings. One way or the other, this is the start of the sea kayak season.

2020 Sea Kayak Schedule – Click the [Sea Kayak Schedule](#) that is now available on the web site. Please take a few minutes and walk through the trips that are available this year. If you are interested in any of the longer trips, be sure to let the Trip Sponsor know as soon as possible since these trips are filling up quickly – some trips have filled already.

In the next week, I'll get an e-mail out to the Sea Kayak mailing list with information on the April 6-7 Lake Monroe trip, the Apostles Trip in September., and other upcoming trips.

Training – We will again be having “Introduction to Kayaking” classes and intermediate sea kayak training at Eagle Creek Park. The courses will be held on Saturdays May 30, July 18, and August 22. Watch the May newsletter for more information.

Calling all Long Boaters — Join the Sea Kayak E-Mail List: The Sea Kayak fleet uses an E-mail group list-[IND TOURING KAYAKS@GOOGLEGROUPS.COM](mailto:IND_TOURING_KAYAKS@GOOGLEGROUPS.COM) to let HCKC members and friends with sea//touring kayaks know about relevant upcoming paddling and training events. People also use this list to discuss boats and gear or to pick up other people for spontaneous paddles when it is just too nice to stay inside. If you have a sea or touring kayak and would like to be added to the list, please e-mail me at merlin-3d@sbcglobal.net.



Trip Announcement

Beaufort, NC Sea Kayak Adventure

Sunday, April 19 – April 26, 2020

Trips Sponsor: Jim Sprandel, Dave Ellis

We will be going to the Beaufort (pronounced Bow'-fort), NC on the East Coast. This used to be a club regular and Dave led the group to this area in 2014 and 2015. There is great paddling here with tidal creeks as well as open water – more than enough for a one-week trip.

We will base camping in Cedar Point Campground near Swansboro and will be taking day trips from there. Possible day trips are:

- o Beaufort NC (40 min. drive from camp) – Paddling around barrier islands near Beaufort. This includes Carrot and Horse Islands that have wild horses.
- o Beaufort NC or Harker's Island (1 hour drive) – Paddle out to the Lighthouse on Cape Lookout.
- o Beaufort NC or Radio Island – Paddle to Fort Macon and the ocean-facing beach there.
- o Camp – Paddle out from camp to the ocean. This is where we paddled through an incredible school of feeding rays in 2014. We can also paddle up the tidal creek when tidal times shift.
- o Hammock Beach State Park (20 minute drive) – There are multiple paddles out to Bear Island where we can paddle along the shore of the island. In addition, there are surf play opportunities near the south end of the island and on the face of the island. -

Trip Schedule –

- April 18 – Travel Day - Since camp is a 12-hour drive from Indianapolis, people may elect to drive it one or two-days.
- April 19, 1:00 pm – Paddle from camp either out to the ocean or up the tidal creek next to camp.
- April 20-25 – Day paddles from Camps – possible trips:
- April 26 Morning – Break camp and head back to our respective homes.

Camping Arrangements: We will be staying at the Cedar Point Campground near Swansboro, NC. This is 20 miles west of Beaufort and a tad east of Camp Le Jeune. We will need reservations that can be made at:

<https://www.fs.usda.gov/recarea/nfsnc/null/recarea/?recid=48470&actid=29>

Try to get campsites near Campsite 27 in the campground. Each side can handle 2 cars and 2 tents so you might check in with me before you reserve a site since someone may space on their site.

Required Paddling Skills: This trip is for intermediate paddlers. We may have some wave conditions especially when we paddle out to the Lighthouse but we have a wide variety of paddling areas to choose from if the ocean become overly interesting while we're there.

- You should have experience with and feel comfortable in 2 foot seas from all directions including broach and rear quartering and be able to land and self-launch in 2 foot surf conditions.
- You should be able to maintain a 3.2 mph pace for 4-hours. We won't have long crossings so assume that we can break every 1.5 to 2 hours.
- T-rescue skills are required.

Please contact me if you are not sure about this trip.

Required Equipment: Sea kayaks with spray skirts, fore and aft bulkheads, full perimeter deck lines, and kayak safety equipment are required.

PFD's must be worn at all times while paddling!

Kayak helmets should be worn when we are paddling in Surf Conditions (a bike helmet could work).

We will eat out occasionally but most of the time plan on cooking for yourself in camp..

To sign up: Send an e-mail to Jim Sprandel at merlin-3d@sbcglobal.net. Please touch base with me about camping space or if you have questions about expected conditions.

The Newsletter of the Hoosier Canoe Club

The Hoosier Canoe and Kayak Club Supports Low Head Dam Safety

Please Support the Low Head Dam [House Bill 1099](#) by lobbying your local district legislator in writing to vote yes on this important piece of water safety legislation regarding our rivers. You can find your representative @ [Find your Legislator](#). (A drafted letter to send to your representative is found below for your convenience).

A Synopsis of the Bill 1099:

The natural Resource commission will establish a roster of LHDs in the state that are capable of creating hazardous currents and pose safety issues.

Establish requirements concerning LHDs for the Dept. of Natural Resources and owners of LHDs.

Prohibits persons from accessing a LHD except for purposes of inspection, maintenance or removal.

Prohibit wading, boating, swimming or accessing the waters within a 100 feet of a LHD when warnings signs are present.

Provides that the state is not liable for any death or injury that occurs that is not owned by the state.

Provides for a penalty for violations.

Requires the department to prepare a report that includes recommendations concerning creation of a LHD removal program and any recommendations concerning LHD safety legislation.

*The Bill was proposed by Ethan Manning, District 23, 800-382-9841.

Send your letter of support to your local district legislature, [[Find your Legislator](#)], not Mr. Manning.

Copy and Paste Sample Letter (Questions to marianndvs@gmail.com)

Dear, [Find your Legislator](#), as a member of the Indiana community who supports and enjoys our beautiful rivers and the recreational activities it provides, I am asking you to support House Bill 1099 regarding Low Head Dams. Indiana communities have suffered too many human losses due to lack of attendance and regulations regarding these—often referred to—drowning machines. These Low head dams are a public health concern that take too many lives. We want action now. Thank you for your YES vote.

Sincerely, [Your Name]

Trip Announcement

Ice Falls Trip Sugar Creek

March 7, 2020

Sponsor: Dwayne James dwaynesjamesa1@hotmail.com

Weather permitting, we will hold the annual Ice Falls trip on 3/7/2020. We will meet at 10:30 AM at Deers Mill Covered Bridge at the East edge of Shades State Park and run the shuttle at 11:00. We will paddle to the Narrows Bridge. You must bring a dry bag of extra clothing, water, a thermos of hot coffee, cocoa, or tea, a snack lunch, some warm, waterproof gloves and wool hat. No cotton. See the club piece on cold weather paddling on our website. A PFD must be worn at all times while on this trip. This trip is suitable for all paddlers if you have the proper clothing. A dry suit or wet suit is not required, but many wear them. Wool or quick dry clothing or fleece clothing should be worn in layers and extra dry clothing must be carried in your dry bag. I will send out further information as the date nears. No Go email deadline is 3/6 at 6 pm.

The Newsletter of the Hoosier Canoe Club



Low Head Dams Take Too Many Lives: New Legislation Will Provide More Than Life Support

[click on photo](#) (Provided by Mr Sweeten's website)

New Low Head legislation could be viable by the summer of 2020. Thanks to Ethan Manning, State Legislature and sponsor of House Bill 1099 [click \(Low Head Dam Bill\)](#), and co-sponsors: Sean Eberhart, Davis Abbott, and Pat Boy. Kudos and congratulations, also, to Professor Jerry Sweeten, ecologist for Ecosystems Connections Institute [click \(website\)](#) and retired professor of biology and Director of Environmental Studies at Manchester University, who together with Mr. Manning helped develop the framework for this important bill.

There were so many others who spoke their truth to “Power” and gave their collective energy to this public health problem. Low head dam survivor (2017), Warren Rosenthal, member of the HCKC presented at both the House and Senate committees in favor of the bill speaks out in formal presentations on the subject; Jennifer Lovely, mother of Sean Hiebel, who died in a dam accident in 2015, headed the “Pelorus Project” of Fort Wayne, and presented at the House Bill hearing; The Silver Jackets of Indiana who mobilized teams of foot soldiers to sound the alarms about these “drowning machines.” Our own club’s interest in promoting safety in the HCKC and through our Low Head Dam Committee. There were so many people that spread the word. No voice was too soft to deliver this important message.

The Low Head Dam story isn’t new. The dangers have been known for many years, even decades. The delicacy in negotiating a bill that can mitigate Low-head dam dangers, by garnering support on both sides, takes finesse, good research, and plausible arguments in favor of both human and ecological safety. Jerry Sweeten was successful in presenting his research in a clear manner to the non-scientific community. Along with explaining the obvious dangers of the hydraulics below a dam that circulate a victim over and over until eventual death, he also sites the ecological danger above the dam in the pooling area. This leads to a lower supply of various species of fish. This eco-degradation causes the destruction of these vital species and their natural habitat. Fish migration upstream is curtailed and spawning is mitigated.

Yet there are some that protest against these dam removals. The basis for their protest seem to hold more misinformation than substantive research: some sighting the beauty of these so called “waterfalls” as a benefit to their property value. Sweeten sites some non-believers:

“There are those who have argued that anyone who attempts to navigate over a low-head dam during dangerous conditions ‘get’s what they deserve’ even if it’s death. ” Sweeten responds: ‘which of us should still be on this earth because of some act in a vacuum of wisdom?’

As it is, we don’t need a lesson on doing what is right for public health and safety or for river ecology. We all “get it” on face value. What we may need is a civic lesson as we may not fully understand how the legislative and democratic process works. Simply stated any person (constituent) or lobbyist can suggest a bill to be introduced by their representative. *click ([find legislator](#))* “With some exceptions (such as when a controversial bill is moving), state legislatures do not receive much media attention — which means that many constituents do not know what is going on. As a result, people don’t usually engage in the state legislative process, and legislators are more often responsive to lobbyists in the capitol than their own constituents. Replacing apathy with activism presents an enormous opportunity for you to make an impact at your statehouse.”

In 2019, Mr. Manning filed a bill that called for a study committee on Low-head dams and riparian rights. While he didn’t ask for that bill to be heard he wanted to introduce the issue of low-head dam safety and he then began working on HR1099. Both the DNR and Mr. Sweeten contributed to the framework of the bill which eventually was received by Chairman Eberhart for a hearing. This is the beginning of the process by which a bill becomes a law. This is how democracy works. On this issue of a bill’s moment through the legislative process, Mr. Manning was quite generous with his time, explaining in non-legal-ease the intricacies of maneuvering within our civic mindedness.

The bill may be tweaked as it travels through the general assembly and various committees. It is almost at the end of this process and relatively unscathed with only one small amendment made. If this legislation passes, the legislators will have done their elected jobs; a community who enjoys river recreation will be safer; and Low-head dam victims and survivors will derive some support and emotional compensation in knowing that their personal sacrifices had not been in vain.

Moving forward in making river recreation safer.....Mariann Davis

Gear Sales

Liquid Logic REMIX XP9

One Liquid Logic REMIX XP9. This is a 9 Ft. crossover with a skagg that can be raised or lowered from the cockpit. Can be used on flat or whitewater. I bought it new. Very comfortable seat with back support. All adjustable. Color is a neon green. Easy to spot from the air. It has been to pool sessions 4-5 times, spent one day at Eagle Creek for training, and supported one Triathalon. Like new, with a few light scratches on the bottom. Current new price is \$999. Asking \$750.

One Werner Paddle model Rio FG IM with straight one piece shaft and curved faces. 6' 5" tip to tip. Like new condition. Current new price is \$135. Asking \$90. Jon 317-649-2921 Jon Reeves
reevesj@myninestar.net

Dry Suit For Sale:

New never been used dry suit for \$450 dollars
Type: Women's Stohlquist Amp dry suit size medium
Color: yellow and black
Contact: Don Schlegel if interested.
Text: 317-698-5614 or Email: dts8111@gmail.com

