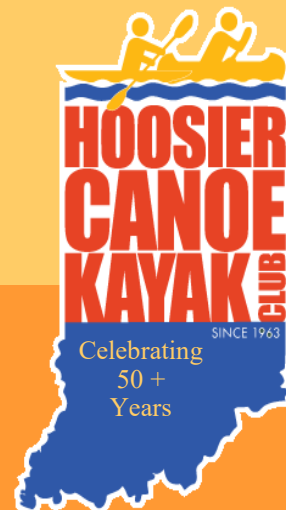


# The Hoosier Paddler

February 2020, Volume 58, Issue 2  
<http://www.hoosiercanoeclub.org/>



## 2020 Annual Planning Meeting, Wilderness First Aid Training, Trip Sponsor Training, The Boat Show and Ice Falls—We have a packed schedule for January and February!!!!!!

Do you have a favorite place to paddle or a paddle trip you have always wanted to take? We are always looking for new destinations, fresh ideas, event volunteers and trip leaders.

Bring your paddling ideas and get an early peek at our trip and events calendar for the year. Would you like to be a trip leader or some other type of volunteer but, you're not sure what to do? Sign up anyway and we can guide and mentor you. Our fleets will be laying out the 2020 trip calendar Saturday January 25<sup>th</sup> at 1:30pm at Duane Garloch's home.

Address: 2755 Sawtooth Oak Circle Westfield, IN 46074

Duane will provide chili. Bring a dish to share and BYOB. Please register on our website for the event. Hope to see you there!! <https://www.hoosiercanoeclub.org/event-3668612?CalendarViewType=1&SelectedDate=1/5/2020>

See this issue for the rest of the information.

## Indiana Boat, Sport, and Travel Show February 14-23 Indiana State Fair Grounds

Once again we are looking for volunteers to fill spots for our booth. The HCKC will be manning a booth that showcases our club as a whole. We are looking for volunteers to talk to the public and present to them all the great things the club does. Our goal for the show is to recruit active new members that want to better our waterways in the State of Indiana and other places where we all paddle. All volunteers will receive a special gift from the club and the reward of helping shape the club by bringing in new membership. If you are asking yourself I do not really know about the other groups in the club, don't worry because we can pair you up with another member and you will have talking points that can help you get the word out to the public and present our message out about all the great things we do.

The dates of the show will be 14 – 23 February 2020, at the Indiana State Fair Grounds.

Any questions please call or email me: John Gates, 207-522-0259, [papergear317@gmail.com](mailto:papergear317@gmail.com)  
Any volunteer gets in FREE!!!!

Again helping organize the volunteers will be Dwayne James: 317-956-7691 Please look at the schedule and send Dwayne the dates and time slots you wish to fill.

[Dwaynesjames1@hotmail.com](mailto:Dwaynesjames1@hotmail.com)

Here is the schedule that we need volunteers: Please Volunteer!!!!!!

Friday 2/14: 1-5 pm 4-8 pm

Saturday 2/15: 10-2 pm 1-4 pm 4-8 pm

Sunday 2/16: 10-2 pm 1-5 pm

Monday 2/17 thru Friday 2/21: 1-5 pm 4-7 pm

Saturday 2/22: 10-2 pm 1-4 pm 4-8 pm

Sunday 2/23: 10-2 pm 1-5 pm

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Page 1: Volunteers Needed  
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Hunt for some of these on  
the Ice Falls 2020 Trip 2/15

## HCKC Trip Planning and Management Clinic for Trip Sponsors – Sunday, February 9, 2020, 1 p.m. to 5:00 pm

We will be offering a 4-hour Trip Planning and Management Clinic for HCKC trip sponsors from 1:00 - 5:00 p.m. on Sunday, February 9<sup>th</sup>. Throughout the class, we will emphasize the steps that you should follow to have a safe and fun trip.

**Who should come** - This class is intended for HCKC paddlers who would like to sponsor HCKC-club events or to plan their own personal paddling adventures. New or proven HCKC trip sponsors are encouraged to come and share their ideas and experiences.

Paddlers from the Whitewater, Sea Kayak, and Canoe/Kayak fleets are all encouraged to attend.

### What we'll cover -

- Scheduling your trip

- Researching where you want to go and when would be a good time to go there

- Letting other people know about your trip

- Setting up an "event" for your trip in the HCKC club calendar. This will explain to you the registration options available to you through the club's web software.

- Steps that you should take in the week or two before a trip. In this phase, you monitor the weather/water conditions, make sure that you have all of the skills and gear necessary for a safe paddle, and send a note to your participants with expected conditions and any last minute details.

- Running the trip. This will include:

  - Planning and running the shuttle (if required)

  - The on-shore meeting before you launch

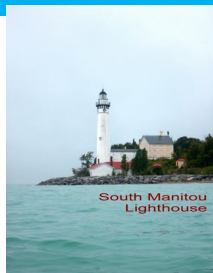
  - On-Water management – Safety is critical here, this section walks through launching the group and managing the group of paddlers on the water.

We will provide soft drinks for the class.

**Location:** Spohn Associates Headquarters, 7150 Winston Drive, Suite 100, Indianapolis, IN, Indianapolis, IN, 46268

### How to Register:

You may: 1) go to the HCKC Calendar Page for this event at (<https://hoosiercanoeandkayakclub.wildapricot.org/event-3699875>) and click "Register" in the left-hand column of this page, or 2) send an e-mail to Jim Sprandel ([merlin-3d@sbcglobal.net](mailto:merlin-3d@sbcglobal.net)).



**The Newsletter of the**

## Training Opportunity

### SOLO WILDERNESS FIRST AID – CPR/AED CLASS

**SATURDAY, FEBRUARY 29 - SUNDAY MARCH 1, 2020**

**WHY IS WILDERNESS FIRST AID AND CPR TRAINING IMPORTANT?** Accidents and unexpected medical emergencies happen. The temperature drops, the wind picks up, and it starts to rain. People get hurt, sick, or lost. Would you know what to do? Many backcountry and on-water emergencies are preventable, but when bad things happen, sometimes the wrong care can make things even worse. By learning how to quickly assess a person's conditions and a few basic skills, you can make the difference between a good outcome and a bad one-and maybe even save a life.

**WHO IS WILDERNESS FIRST AID (WFA) FOR?** The WFA is the perfect course for the outdoor enthusiast or trip leader who wants a basic level of first aid training for trips with family, friends, and outdoor groups. The 2-day SOLO WFA certification meets the ACA guidelines.

**WHAT IS TAUGHT?** The WFA class is 16-hours long (two days), and focuses on the basic skills of: Response and Assessment, Musculoskeletal Injuries, Environmental Emergencies, Survival Skills, Soft Tissue Injuries, and Medical Emergencies.

CPR focuses on rapid response to Cardiac and Respiratory emergencies.

#### **WHERE AND WHEN WILL IT BE HELD?**

The schedule for the class is:

WFA: Saturday - 8:30 am - 5:00pm, Sunday - 8:00 am – 4:30 pm

CPR: Saturday – 5:15 – 5:45 pm, Sunday 4:45 – 5:30 pm

**Note:** The entry gate for the park does not open until 8:00 am and participants must leave the park by 6:00 pm.

**Location** - Fort Harrison State Park, Camp Glenn Rec. Building 701 (near the Visitor Center & Park Office).

We will send detailed directions to our venue about one week before the class.

**WHAT TO BRING** – Participants should bring a sack lunch. Beverages will be provided. We will send out an e-mail with things that students should bring during the week before the class.

#### **HOW MUCH DOES IT COST?**

Wilderness First Aid	HCKC Members \$100	Non HCKC-Member \$125
CPR Option	HCKC Member \$25	Non HCIC-Member \$35

**Note:** There is a \$7/day entry fee for Fort Benjamin Harrison Park.

**HOW TO SIGN UP** - Sign up by going to the [Calendar Page for this event](#) in the club's Event Calendar and clicking "Register" in the bottom of the left-hand column on this page

**Note: The Registration Deadline for this class is Friday, February 14.**

#### **Registration Notes:**

- The class has a maximum of 30 students and a minimum of 12 students.
- People may sign up one guest when they register for the course.

**IS THERE AN EXAM?** Yes, there is ongoing evaluation of practical skills, and there are written assessments throughout the course.

**DO I GET CERTIFIED?** Yes. You will receive a SOLO WFA certification which is valid for two years. You will earn a 2-year CPR certification if you complete the CPR class.

**Canoecopia March 13-15, 2020 Madison Wisconsin**

**The Newsletter of the Hoosier Canoe Club**

**Trip Sponsor Training Clinic, Sunday, Feb. 9** – Several people asked if we would offer a Trip Sponsor Training Clinic. We will offer this class during the afternoon of February 9. See the Clinic Announcement in this newsletter. The presentation will walk through the steps that you can talk to lead a fun, safe club trip.

**2020 Sea Kayak Schedule** – if you are curious about what trips the Sea Kayak has planned for 2020, take a look at the [Sea Kayak Schedule](#) on the HCKC Web Site. We scooted up our Trip Planning Meeting to January 4 and completed our proposed schedule since key players from the fleet were unable to attend the meeting on January 25<sup>th</sup>. Amazingly, about 20 people attended this meeting including trip sponsors from Michigan and Ohio.

Be sure to walk through the entire [Sea Kayak Schedule](#). Below, I have highlighted a few of the trips coming up this year:

April 19-26: [Spring East Coast Trip to Beaufort, NC](#) (See information in the [club event calendar](#))

May 15-17: [Summit Lake Paddle and Weekend Camping](#)

June 7-14: [Chesapeake Bay Sea Kayak Trip](#) (See the December Newsletter and Robert's E-mail for details)

July 10-12, [Lake Michigan Open Water Paddling Clinic](#) (Nate will be leading us on Lake Michigan again)

August 7-9, [Lake Michigan Weekend, Grand Haven, Michigan](#)

August 28-30, [South Manitou Island - Lake Michigan](#)

September 12-19, [Apostle Islands Adventure](#) (The Apostles are just amazing in September.)

October 8-11, [Land between the Lakes Camping Trip](#) (Car camping with day paddles)

Mark your calendars! Our first club paddle will on Saturday March 21, at, Summit Lake.





## Trip Announcement

### Beaufort, NC Sea Kayak Adventure

Sunday, April 19 – April 26, 2020

#### Trips Sponsor: Jim Sprandel, Dave Ellis

We will be going to the Beaufort (pronounced Bow'-fort), NC on the East Coast. This used to be a club regular and Dave led the group to this area in 2014 and 2015. There is great paddling here with tidal creeks as well as open water – more than enough for a one-week trip.

We will base camping in Cedar Point Campground near Swansboro and will be taking day trips from there. Possible day trips are:

- o Beaufort NC (40 min. drive from camp) – Paddling around barrier islands near Beaufort. This includes Carrot and Horse Islands that have wild horses.
- o Beaufort NC or Harker's Island (1 hour drive) – Paddle out to the Lighthouse on Cape Lookout.
- o Beaufort NC or Radio Island – Paddle to Fort Macon and the ocean-facing beach there.
- o Camp – Paddle out from camp to the ocean. This is where we paddled through an incredible school of feeding rays in 2014. We can also paddle up the tidal creek when tidal times shift.
- o Hammock Beach State Park (20 minute drive) – There are multiple paddles out to Bear Island where we can paddle along the shore of the island. In addition, there are surf play opportunities near the south end of the island and on the face of the island. -

#### Trip Schedule –

- April 18 – Travel Day - Since camp is a 12-hour drive from Indianapolis, people may elect to drive it one or two-days.
- April 19, 1:00 pm – Paddle from camp either out to the ocean or up the tidal creek next to camp.
- April 20-25 – Day paddles from Camps – possible trips:
- April 26 Morning – Break camp and head back to our respective homes.

**Camping Arrangements:** We will be staying at the Cedar Point Campground near Swansboro, NC. This is 20 miles west of Beaufort and a tad east of Camp Le Jeune. We will need reservations that can be made at:

<https://www.fs.usda.gov/recarea/nfsnc/null/recarea/?recid=48470&actid=29>

Try to get campsites near Campsite 27 in the campground. Each side can handle 2 cars and 2 tents so you might check in with me before you reserve a site since someone may space on their site.

**Required Paddling Skills:** This trip is for intermediate paddlers. We may have some wave conditions especially when we paddle out to the Lighthouse but we have a wide variety of paddling areas to choose from if the ocean become overly interesting while we're there.

- You should have experience with and feel comfortable in 2 foot seas from all directions including broach and rear quartering and be able to land and self-launch in 2 foot surf conditions.
- You should be able to maintain a 3.2 mph pace for 4-hours. We won't have long crossings so assume that we can break every 1.5 to 2 hours.
- T-rescue skills are required.

Please contact me if you are not sure about this trip.

**Required Equipment:** Sea kayaks with spray skirts, fore and aft bulkheads, full perimeter deck lines, and kayak safety equipment are required.

PFD's must be worn at all times while paddling!

Kayak helmets should be worn when we are paddling in Surf Conditions (a bike helmet could work).

We will eat out occasionally but most of the time plan on cooking for yourself in camp..

**To sign up:** Send an e-mail to Jim Sprandel at [merlin-3d@sbcglobal.net](mailto:merlin-3d@sbcglobal.net). Please touch base with me about camping space or if you have questions about expected conditions.

## The Newsletter of the Hoosier Canoe Club

## **The Hoosier Canoe and Kayak Club Supports Low Head Dam Safety**

Please Support the Low Head Dam [House Bill 1099](#) by lobbying your local district legislator in writing to vote yes on this important piece of water safety legislation regarding our rivers. You can find your representative @ [Find your Legislator](#). (A drafted letter to send to your representative is found below for your convenience).

A Synopsis of the Bill 1099:

The natural Resource commission will establish a roster of LHDs in the state that are capable of creating hazardous currents and pose safety issues.

Establish requirements concerning LHDs for the Dept. of Natural Resources and owners of LHDs.

Prohibits persons from accessing a LHD except for purposes of inspection, maintenance or removal.

Prohibit wading, boating, swimming or accessing the waters within a 100 feet of a LHD when warnings signs are present.

Provides that the state is not liable for any death or injury that occurs that is not owned by the state.

Provides for a penalty for violations.

Requires the department to prepare a report that includes recommendations concerning creation of a LHD removal program and any recommendations concerning LHD safety legislation.

\*The Bill was proposed by Ethan Manning, District 23, 800-382-9841.

Send your letter of support to your local district legislature, [[Find your Legislator](#)], not Mr. Manning.

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Copy and Paste Sample Letter (Questions to [marianndvs@gmail.com](mailto:marianndvs@gmail.com))

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Dear, [Find your Legislator](#), as a member of the Indiana community who supports and enjoys our beautiful rivers and the recreational activities it provides, I am asking you to support House Bill 1099 regarding Low Head Dams. Indiana communities have suffered too many human losses due to lack of attendance and regulations regarding these—often referred to—drowning machines. These Low head dams are a public health concern that take too many lives. We want action now. Thank you for your YES vote.

Sincerely, [Your Name]

### **Trip Announcement**

#### **Ice Falls Trip Sugar Creek**

**February 15, 2020    Rain Date: March 7, 2020**

**Sponsor: Dwayne James** [dwaynesjamesa1@hotmail.com](mailto:dwaynesjamesa1@hotmail.com)

Weather permitting, we will hold the annual Ice Falls trip on 2/15/2020. We will meet at 10:30 AM at Deers Mill Covered Bridge at the East edge of Shades State Park and run the shuttle at 11:00. We will paddle to the Narrows Bridge. You must bring a dry bag of extra clothing, water, a thermos of hot coffee, cocoa, or tea, a snack lunch, some warm, waterproof gloves and wool hat. No cotton. See the club piece on cold weather paddling on our website.

This trip is suitable for all paddlers if you have the proper clothing. A dry suit or wet suit is not required, but many wear them. Wool or quick dry clothing or fleece clothing should be worn in layers and extra dry clothing must be carried in your dry bag. I will send out further information as the date nears. No Go email deadline is 2/14 at 6 pm.

**The Newsletter of the Hoosier Canoe Club**

Trip Report  
New Year's Day 2020  
Another Decade With Our Wildcat  
Sponsor: Muskrat AKA Garry Hill

Hey Wildcat Paddlers,

What a Lovely Day it was on New Years Day. What a Perfect Day to go Paddling during the "Cool Months". And the Perfect Place to go Paddling was on Our Lovely Wildcat Creek.

### **Wildcat Creek**

Mi-So-La Landing to Wildcat Park.....4.5-miles

2-hrs-15-min: 12:45-PM to 3:00-PM

210-cfs @ the Owasco Station, with 40° Water Temp

**Sunny, Warm, and Beautiful Weather**

35° on the Shuttle, 45° Going Home



### **Watching the Gang depart from Mi-So-La Landing**

Nine Wildcat Paddlers attended our New Years Day Trip. Mike Bach, Lance Shelby, Greg Jones, and Doug McKnight were Paddling Solo Canoes. Mary Rowe and Mark Bonifer were in Kayaks. Helen McNally and Muskrat were Shuttle Drivers, and Bill Rowe served as our Boat Guard.

The Owasco Gauging Station was showing 210-cfs at launch time. Everyone agreed that was about a Perfect flow for this part of Our Wildcat. The 4.5-miles took only a little over 2-hours, and no one was in a Hurry.

Greg, Doug, and Mark added some miles to their Trip. Doug and Greg launched upstream near Pymont a few hours ahead of schedule and added about 8-miles to their Trip. Mark continued his Trip down from Wildcat Park to Peters Mill Landing adding 3-miles to his distance.

Several wildlife sightings added to the enjoyment. There were numerous bird sightings, including a Bald Eagle and Blue Herons. One Paddler even had an unexpected sighting of a Coyote.

*See You On The River,  
Muskrat*

~~~~~

**GarryHill@aol.com**

**The Newsletter of the Hoosier Canoe Club**

## **Trip Report**

**Grayson Lake Ky**

**October 18-20, 2019**

**Sponsor: Judy Thompson**

Thirteen paddlers went on the weekend Grayson Lake, KY, trip Oct. 18 – 20. Friday was an arrival day, with most people arriving that afternoon or evening. John Lawrence made some great white chicken chili to share with our group. Warren Rosenthal & Stephanie made nice campfires that most in the group enjoyed socializing around Friday and Saturday evenings.

The main paddle was Saturday. We paddled through Grayson's cliffs. The trees were just beginning to show their fall colors. Since it had been dry, there were very few waterfalls running, but it was still a spectacular place to paddle. Sunday there were fewer paddlers, since some needed to leave earlier. It was quite a treat for those that went to the Grotto and back, with glass smooth water reflecting the trees and cliffs in the water.



**The Newsletter of the Hoosier Canoe Club**



## Gear Sales

### Liquid Logic REMIX XP9

One Liquid Logic REMIX XP9. This is a 9 Ft. crossover with a skagg that can be raised or lowered from the cockpit. Can be used on flat or whitewater. I bought it new. Very comfortable seat with back support. All adjustable. Color is a neon green. Easy to spot from the air. It has been to pool sessions 4-5 times, spent one day at Eagle Creek for training, and supported one Triathalon. Like new, with a few light scratches on the bottom. Current new price is \$999. Asking \$750.

One Werner Paddle model Rio FG IM with straight one piece shaft and curved faces. 6' 5" tip to tip. Like new condition. Current new price is \$135. Asking \$90. Jon 317-649-2921 Jon Reeves  
reevesj@myninestar.net

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### Dry Suit For Sale:

New never been used dry suit for \$450 dollars  
Type: Women's Stohlquist Amp dry suit size medium  
Color: yellow and black  
Contact: Don Schlegel if interested.  
Text: 317-698-5614 or Email: dts8111@gmail.com

