The Hoosier Paddler

Month June 2018, Vol. 56 Issue 6 http://www.hoosiercanoeclub.org/

From the Skipper:

Summer officially arrives later this month, though it feels like it has already been here for some time. We have enough events planned for June to get everyone out on the water. There are several white water, flat water, and sea kayak trips on the calendar along with training opportunities. Check out this newsletter and the calendar on our website at https://hoosiercanoeandkayakclub.wildapricot.org/events (remember to log in to see everything). If you have questions about any trips, contact the trip sponsor. See you on the water!

Driftwood River Trip Announcement Saturday, June 2

Trip Sponsor: Sue Foxx

Join us for a beautiful paddle down the Driftwood River near Columbus. We will begin at Furnas Mill on Sugar Creek and paddle to Lowel Bridge.

It is about 14 Miles so be prepared with gloves, sunscreen, water and lunch. Beginners are welcome as long as they have the endurance for a little longer paddle. I say this tongue in cheek because last year we did it in record time due to high water. The plan is to stop half way for lunch on a sandbar. Following the paddle, folks often go into downtown Columbus for ice cream.

Meeting time: 9:00 am

Meeting location: Shell station just off I-65 at exit 80 (first Edinburg

exit)

We will then caravan to Furnas Mill Dam on Sugar Creek. Shuttle: 9:30 (take cars to Lowel Bridge and return to put- in)

On the water: 10:30

Trip Leader: Sue Foxx 317-363-4074 (cell) or sufoxx713@aol.com Contact the trip Leader by 7 pm Friday, June 1, if you plan to attend or for any questions. If weather or high water cause the trip to be cancelled the trip Leader will send out a message with the alternate date of June 9 for the trip.



In this issue:

Page 1: Skipper's Note

Page 1: Driftwood River Trip

Trip Announcements:

Page 2: Holiday on the Wildcat

Page 3: East Fork White River

Page 4: Sea Kayak Thoughts

Page 5: Kalamazoo River Sea Kayak

Page 7: Kayak Skills Training Classes

Page 8: Geist Open House Boat Demo

Page 9: East Race Free Day

Page 10: South Bass Sea Kayak

Page 11: Green River Ky

Page 12: Intro to Canoeing Class

Page 14: OhioPyle Week of Paddling

Page 9: Eagle Creek Tuesday Pass

Page 13: Fall Creek Clean up Report

Page 15: Safety Piece on PFD's

Check out our new Facebook Page page at https:// www.facebook.com/



Muskrat's Wildcat Creek Expeditions

Newsletter......Chapter 1190......May 22nd 2018

Hey Wildcat Paddlers,

For many years our Expedition Team has shared a Memorial Holiday Trip on Our Wildcat Creek. It will happen again this year, next Saturday the 26th. As usual, we will Paddle from Adams Mill to Knop Lake, details below.

If the weather turns out to be "Very Nice", this Trip might include our Wildcat Paddler "Lost Paddle" Memorial Service.

HCC Leaders, please share this will your Members......

Wildcat Creek
Adams Mill to Knop Lake......13.6-miles
Saturday May 26th
Adams Mill PAS......10:00 AM

The Meeting Location will be the Adams Mill PAS on Our Wildcat Creek (Directions Below). The Meeting Time will be 10:00-AM. Our Trip will be

13.6-miles to the Knop Lake PAS. There will be a Short-timer option of 7.0-miles to the Zenie Bridge.

The Wildcat @ Owasco Gauging Station was showing 172-cfs at 9-AM this morning (Tuesday). With a little rain thru this week, the flow should remain fairly steady. 100-200 cfs is a little low, but still a nice level down from Adams Mill. The weather forecast is Mostly Sunny & mid-80's.

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## Directions To Adams Mill Public Access Site Indiana Atlas & Gazetteer Page 32

Find the jct of SR-26 & SR-75, 3-½ miles east of Rossville. Turn North on SR-75. At about 3.5 miles, SR-75 makes a slight curve to the left. At the start of this curve, go straight onto a county road. In 1/2-mile, follow a curve to the right, which leads you onto CR 500-S. You will come to a stop sign in about 100-yards (this is in the town of Cutler). Continue Straight on 500-S for 3/4-mile. Watch for the Adams Mill sign at CR 75-E. Turn Left and go 1/2-mile to Adams Mill. The Public Access parking lot will be on the right, after crossing a small bridge, across the road from the Mill.

### If coming from Kokomo this might be better for you (via SR-22):

Take SR-22 West from Kokomo, to SR-29 in Burlington. Turn Left (South) onto SR-29. In one block, turn Right (West) at the first street (The Dinner Bell Restaurant is on the corner). Follow this winding road west for apprx 6.5 miles. Watch for the Adams Mill sign at CR 75-E. Turn Right (North) onto 75-E, and go 1/2-mile to Adams Mill. The Public Access parking lot will be on the right, after crossing a small bridge, across the road from the Mill.

See You On The River, Muskrat

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GarryHill@aol.com 765-628-3155 home 765-432-6782 mobile

Snail-Mail to 1021 Eastcrest Drive, Greentown, IN 46936-1612

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#### Visit Wildcat Creek On-line at the following sites:

http://www.wildcatguardians.org/ http://www.wildcatcreek.net/

# Trip Announcement East Fork White River 7/21/2018

**Trip Leader: Richard Tekulve** 

Please join us as we paddle our annual East Fork White River trip on Saturday ,July 21st. This year we will paddle from the Brownstown DNR access to Medora Covered Bridge DNR access for a total of 9.4 miles. We will pass under three nineteenth century historic bridges on this route that is highlighted by some of the states longest and numerous sandbars.

Our put-in @ 10AM is the Brownstown DNR access site located 2 miles west of the courthouse on U.S. 50 directly before the bridge on the left (SE corner) with a marked sign (Delorme Atlas page 51 G9). Our take-out will be adjacent to the historic Medora Covered Bridge/ S.R. 235 bridge @ the Medora DNR access site located 2 miles east of Medora. The put-in is located 69 miles from the center of Indy and the best route is I-65 south to exit 55 (SR 11), then south on 11 for five miles to Seymour and US 50. Turn right (west) onto US 50 and proceed for 12 miles (through Brownstown and the courthouse) to before the US 50 bridge over the East Fork White River and immediately turn left into the (sign marked) DNR access parking lot. If you cross the bridge you have gone too far.

Our paddle on one of Indiana's few reliable 24/7/365 water available streams should provide a steady 2 m.p.h. current on a laid back summer journey. Expect about four hours paddle time on the river which averages a 125-250 foot width with a total shuttle of 19 miles of which all are highway related. This trip was last experienced in 2011.

A bridge tour will be conducted at the finish on the historic 1875 Medora Covered Bridge which is the longest standing covered bridge in the U.S. and second longest in the world. The bridge went through an extensive renovation on our last trip here and is truly an engineering marvel coming in at the size of one and a half football fields. The other two old bridges we will paddle under are the Vallonia Iron Bridge (1887, 250' and 2 span) and the old 3 span B and O Railroad Trestle built 1898 and covering 286'.

Please call 812 767-1317 or email to CANOEINDIANA@YAHOO.COM by 10pm on Friday, July 20. Please leave a cell number for a last minute change if bizarre weather conditions exist (last year was completely flooded). Sincerely, East Fork White trip leader since 2010 = Richard Tekulve, North Vernon IN.



### Sea Kayak Thoughts

### Jim Sprandel

The weather has finally warmed up so that it's possible to get out and paddle as much as you want. Life is good. This is a great time of year to start building your endurance and speed for the longer trips later this summer. In this spirit, our Tuesday night training paddles have started at Eagle Creek – we had over 10 people at our first paddle on May 8.

**South Carolina Trip** - The South Carolina trip had 16 people show up and paddle the waters around Edisto Beach State Park. In addition to paddling Lake Marian (Santee, SC) and Congaree National Park, we played in tidal currents on the Edisto River and had an opportunity to get out into the Atlantic and play in "real" waves. Twelve people stayed for the 3-day rough water training course with Ashley Brown where they learned to survive and play in surf conditions. Surfing a sea kayak is exciting but it also teaches a paddler to control your boat under very dynamic conditions.

Cataract Falls Trip - We had eight people show up for our Cataract Falls High Water Trip. The Cagles Mill lake stage was at about 662 feet. Starting at Lieber SRA, we paddled about 5.8 miles up to the Lower Falls which were underwater. However, we were only able to get about 100 yards above the falls before we ran into fast moving water. On the Wednesday before the event, the water was 3' higher and we were able to get within 200 yards of the upper falls. Always a fun paddle – interesting to explore the head waters when they're high.

### **Upcoming June Trips -**

### South Bass Rendezvous – June 7-10, 2018

The South Bass Rendezvous is a gathering of paddlers from the Midwest. It is not a symposium - people get together and paddle from the campground at South Bass Island. Several HCKC people have already reserved campsites in addition to the 2 that I have reserved so it should be a fun trip. See the trip announcement in this newsletter or on the calendar.

**Kalamazoo River – Lake Michigan Paddle – June 16-17, 2018** Nate Strong is coordinating a paddle on the Kalamazoo River and Lake Michigan. Details are in this newsletter.

### New Buffalo à Michigan City Paddle - June 31, 2018

As usual, I am waiting for information on this event and will sent it out to the Sea Kayak mailing list when I receive it. Assume that it will be pretty much like last year's event.

Since many of our events have been overnight, I will look at setting up day events on open week-ends near to Indianapolis just to get out on the water.

**Training** – We will be offering Intermediate training at each of the <u>four Kayak Skill Clinics</u> that we will be offering this summer in addition to the <u>Open Water Rescue Class</u> that we will be teaching in June. If you are interested, sign up early.

**Open Water Training** - Again, mark June 2 so that you can attend the Open Water Rescue Clinic. Watch your e-mail for full details.

### Sea Kayak Trip Announcement -

### Kayaking on the Kalamazoo River and Lake Michigan at Saugatuck, Ml. June 15, 16, 17

The Kalamazoo River is undeveloped and flows through natural areas until you get to Saugatuck at Lake Michigan. The Kalamazoo River is also large enough to comfortably be paddled in sea kayaks. Saugatuck is a small, artsy, touristy destination with lots of shops and restaurants. Camping is available at Ely Lake Campground in the Allegan State Game Area; a primitive campground on the shore Ely Lake with vault toilets and water pumps.

We'll be paddling through riparian woodlands, past a Bald Eagle nest, through marshlands, beside the yachts and boats in Saugatuck and along the sand dunes on the Lake Michigan shoreline. If conditions are good, those interested can do some play and training in the waves and surf on Lake Michigan.

Camping - Ely Lake Campground

5020 116th Avenue, Fennville, MI

Search Google Maps - Ely Lake Campgroung

Reservations can be made online at - <a href="https://www.reserveamerica.com/camping/ely-lake-county-campground/r/">https://www.reserveamerica.com/camping/ely-lake-county-campground/r/</a> facilityDetails.do?contractCode=PRCG&parkId=1066108

There is a nice open area near the swimming beach with several adjacent sites that looks nice if most of the group wants to camp together: sites 6, 7, 10, 11, 12, 13, 14.





#### **Friday**

Arrive at Ely Lake Campground and setup camp.

A quick paddling option is available on Ely Lake that can be accessed from the campground beach. People may want to go into Saugatuck and check out the shops and restaurants.

#### Saturday

Paddle on the Kalamazoo River from New Richmond to Saugatuck and out on to Lake Michigan, landing at Oval Beach. This is about a 12 mile paddle and we could add some extra miles exploring the Lake Michigan shoreline. If conditions on Lake Michigan are too big, we can do a longer paddle on the Kalamazoo River and take out before reaching Lake Michigan. We will be at the put-in at 10:00 a.m., unload kayaks and gear for the paddle, spot cars at the takeout and carpool back to the put-in to begin the paddle. Pack a lunch/snacks, water, sunscreen and your personal essentials for the trip.

Time: 10:a.m. meet at put-in.

Put-In: New Richmond Bridge Park. Google Maps - New Richmond Bridge Park (Do not use the address in your GPS,

you are likely to end up on the wrong side of the river.) Go west of Fennville, MI, on M89/West Main Street, North on 58th St. to Old Allegan Rd., East on Old Allegan Rd. to put-in.

Take-Out: Oval Beach, Perryman St., Saugatuck, MI. Google Maps - Oval Beach Saugatuck.

Alternate Take-Out: Wade's Bayou Memorial Park, 52 Bayou St., Douglas, MI. Google Maps - Wade's Bayou Memorial Park.





#### Sunday

Launch from Oval Beach, Saugatuck, for a paddle on Lake Michigan along the shoreline and back to Oval Beach. We will pick a start time as a group so that campers can pack up camp. Length of paddle will be determined by the group to accommodate departure times for your trip home.

Alternate Sunday paddle: If conditions on Lake Michigan are too big to paddle, we will do an alternate paddle on the Kalamazoo River or explore the Ottawa Marsh, a side branch of the Kalamazoo River.

#### Other Attraction in the area:

Saugatuck shops and resturants Saugatuck Dunes State Park: Hiking trails through beautiful forested dunes and out to the beach on Lake Michigan Cranes Pie Pantry, Restaurant and Winery, west of Fennville Fenn Valley Vineyards near Fennville



Questions: Trip Sponsor Nate Strong at <a href="mailto:strong.nathan@att.net">strong.nathan@att.net</a>

**RSVP** 

Please E-Mail me at <a href="mailto:lschedolor: lschedolor: lsched

#### Kayaking Skills Classes – Introductory and Intermediate Classes

Instructors: Dave Ellis, Duane Garloch, Jim Sprandel

Dates: Saturdays – Sat. May 26, June 23, July 28, and August 18, 2018

This year, we will offer four one-day kayak skills sessions during the summer. Each session is a self-contained so sign up for the session that fits your schedule. We will offer both introductory and intermediate on each of the four days.

Since we now have several ACA instructors, we will break our class up into two groups. In one group, we will cover the ACA Introduction to Kayaking material for newer paddlers. In the other group, we will cover ACA intermediate (Level 2 and 3) material.

These classes are targeted toward people with recreational, touring, or sea kayaks. Whitewater (WW) paddlers should check with the WW co-chairs about training since these classes focus on turning and control but the characteristics of WW boats are so different than recreational and sea kayaks. Classes are small with only 5 students so we can tailor the class to our students.

#### **Introduction to Paddling Class -**

**Target Paddlers**: Newer HCKC members with recreational, touring, or sea kayaks who have never taken a class or who just want to work on their strokes.

Class Content: Here's a way to jumpstart your paddling! As a new kayaker, you may know how to move your boat around in calm water. We will work with you to make your paddling easier and more efficient—to give you more control over your boat. We will work on your basic knowledge, strokes, and other paddling skills that you may need to safely enjoy the sport. This course is based on the American Canoe Association "Introduction to Kayaking" course. This is also a great opportunity to ask any question that you might have about paddling or the Hoosier Canoe & Kayak Club.

Your instructor will first talk about the basics and then quickly get you on the water to teach you how to safety get in your boat and move it forward, backwards, and sideways as well as how to turn and stop.

#### **Intermediate Kayak Control (Edging/Turning and Stroke Refinement)**

**Target Paddlers**: HCKC members with recreational, touring, and sea kayaks who have taken an introductory class at least one year earlier and have been paddling actively since that class. Students should be comfortable with their forward-turning strokes as well as draw strokes (to go sideways).

**Class Content:** Boat control and turning are essential for Intermediate paddlers whether you are paddling on creeks, rivers, lakes, or oceans. You need to make your boat do what you want it to do. The main topics that we cover are listed below:

Stroke Efficiency – How to make your current strokes more effective. Last year, we did one session that focused just on forward stroke.

Edging your boat and moving your body relative to the kayak to turn your boat or to make it go straight

Bow and stern rudders. Side draws – Maneuvers that move your boat sideway without changing the angle of your boat

This section will really start with a short discussion of boat dynamics and quickly get on the water to start learning to play with your boat.

**Meeting Place:** To be announced – The instructors will send out an e-mail to participants about one week before the class. The classes will typically be held at Eagle Creek but the instructors for Intermediate classes may opt other locations.

**Your Chances of Getting Wet**: While the water is cool, we will demonstrate rescue skills and wet exits but you won't *intentionally* be getting into the water at this clinic unless you want to. Thatcher Pool's Wednesday night sessions are a better place to practice rescues and wet exits when it's cool out continued next page

Class Size: The introductory and intermediate classes will have 5 students Please do not sign up unless you can stay for the entire clinic (9:00 am to 3:30 pm)

If enough students sign up for an Introductory or Intermediate session, we will add a second instructor to handle 5 more students when possible.

#### What to Bring:

Please bring your kayak, life jacket, paddle, paddling jacket, sun screen, lunch, and water.

Safety equipment that you normally carry (e.g., pump, paddle float, stirrup, tow or throw rope ...). Please don't buy safety equipment just for this class.

Paddling Clothing—Even though you won't *intentionally* be capsizing, be sure to dress appropriately for the weather and water. We will get out more info on what to wear in the pre-class e-mail.

Questions — Please think about what you want to learn before the class and come with questions.

**Schedule:** 9:00 am Meet at Designated Location

9:30 am—3:30 pm Class

We will take an hour around Noon for lunch and a safety discussion.

To register for a class or for information, click on the following links for the class date that you are interested in

Sat. June 23, 2018 Sat. July 28, 2018 Sat. August 18, 2018

### HCKC Boat Demo and Open House Geist Park Sunday 6/17/2018 Geist park Noon – 5pm

10979 Florida Rd, Fortville, IN 46040

What kind of boat should I buy? Or better yet, what kind of boat should I buy my dad? Many of us struggle with this very question; especially if you want to try a different paddling category. The best answer is the boat that you or your dad can paddle the best! However, that is hard to determine in a store with no water and not a lot of boats to choose from. Many of our members have multiple vessels; some WW, some flatwater, some sea kayaks, even paddleboards.

Join us on Sunday, June 17th at Geist Park.

We will be renting out the pavilion and grilling hot dogs. Please bring a dish to share and as many boats as you can so we can all try out each other's different boats! If you can paddle it, bring it.

This is perfect if you have never paddled a particular type of boat and would like to try it out. Thinking of buying a different type of boat? Paddle it and try it here first.

Curious about becoming a member? Come out and meet some of us, have a hot dog, and try out some different boats.

If you are wanting to get rid of a boat or some equipment, this would probably be a good time to do it too!

Hopefully the carp won't be swimming in the pavilion this year.



### **Eagle Creek Tuesday Evening Training Paddles**

Jim Sprandel

Eagle Creek paddles will be held on Tuesday afternoons and evenings again this year. These are unstructured paddles where HCKC members can explore the lake, train to develop speed/endurance for upcoming trips, or practice skills on their own. If you would like to paddle with friends, I would recommend coordinating that through the club bulletin board, Facebook or e-mail.

These Tuesday Evening paddles are provided for club members through a Partnership Agreement between Eagle Creek Park and the HCKC. The club "pays" for these park admissions by cleaning up the Eagle Creek shore line, supporting the park's Blue way project, and providing safety support for the week-end paddles provided by Jeff Coates and Eagle Creek Outfitters. I will send out a note on their Full Moon paddles within the next month. In the September newsletter, we will tell you how to help with the shore line clean-up

When: Tuesday Afternoons/Evenings –

Tuesday, May 8 through September 25, 2018

**Starting Time:** HCKC Members may use the pass to enter the park any time after 1:00 pm on the specified Tuesdays. However, most members do not show up until after work.

**Ending Time**: When you enter the park, look at the park's closing time that is posted at each of the park gates. It changes during the year and they normally lock at least one of the gates at that time.

Where: Ramp near Discovery Center—Enter the park at either the 56th Street or 71st Street entrance and follow the signs to the Discovery Center or "Go Ape!" Use the boat/kayak ramp across the parking lot from the Discovery Center (next to Go Ape). This pass is not valid at the Dandy Trail ramp at the south end of the lake near Ric's and the beach at the Marina is now restricted to Marina renters.

**2018 HCKC-Eagle Creek Pass:** HCKC Members **must** print the 2018 HCKC pass and show it to the Eagle Creek gate staff to get in without paying. The fee for park admittance is normally \$8 for a car with one kayak or canoe otherwise.

#### To Get the Pass:

Login to the new HCKC web site at <a href="https://www.hoosiercanoeclub.org">www.hoosiercanoeclub.org</a>. Your name will appear in the upper, right corner of the screen after you are logged in.

Move your cursor over the Information Tab in the top menu and then click "2018 Eagle Creek Pass" in the menu that drops down or jump directly to:

http://www.hoosiercanoeclub.org/EagleCreek

**Note**: You must be logged in before you can access the pass.

I'll see you on the water.

### East Race Trip 6/1/2018 - 6/3/2018

South Bend's Best Week Ever just got a whole lot better! As part of the city's celebration, there will be free rafting and free kayaking for 3 days at the East Race!! Price for kayaking is usually \$15/day, so this is a great deal. Potato Creek state park is nearby and is great for camping. There is also local lodging as well.

For more info: <a href="https://www.southbendtribune.com/news/local/south-bend-s-best-week-ever-to-feature-free-east/">https://www.southbendtribune.com/news/local/south-bend-s-best-week-ever-to-feature-free-east/</a> article 6015b9aa-7f6c-5815-9207-24ab59bb4bbf.html

Camping info: <a href="https://indianastateparks.reserveamerica.com/camping/potato-creek-state-park/r/">https://indianastateparks.reserveamerica.com/camping/potato-creek-state-park/r/</a>

campgroundDetails.do?contractCode=IN&parkId=570039

Note: The East Race is great to practice and learn about white water paddling. It is NOT suitable for recreation boats. If you are a newbie and want to come out to the East Race, be sure to try get a practice session in at the pool first.

### Sea Kayak Trip Announcement - South Bass Island Rendezvous

Thursday - Sunday, June 7-10, 2016

Trip Sponsor: Jim Sprandel

We will go to the Sandusky, Ohio area for the South Bass Rendezvous. The South Bass Rendezvous is a gathering of paddlers at the campground on South Bass Island. This is not an organized symposium with organized classes and tours - people get together and set up informal paddles to nearby island.

We will join the rendezvous paddlers for social activities such as the Friday potluck dinner and a full day of paddling on Saturday. After Sunday morning breakfast, we'll break camp, cross to the mainland (by kayak or ferry as appropriate for the weather), and drive home.

We will have at least two full days of paddling, weather permitting (Friday and Saturday). Paddling opportunities are numerous and include a circumnavigation of the Bass islands (trips to nearby Kelley's, Middle Bass and North Bass Islands and several small islands in close vicinity).

#### Trip schedule

Put-in: Thursday, June 7, 11:00 AM at Catawba Island, OH at the terminal of the ferry to South Bass Island (5174 East Water Street, Port Clinton, OH 43452, <a href="https://www.millerferry.com/">https://www.millerferry.com/</a>)

Departing from Ohio's north coast, we will make a 3-mile open water crossing to South Bass Island State

Park (our camp ground). In the event weather conditions do not allow for the crossing, the ferry is available to get out to the island with our cars/kayaks (\$17/car).

Take out/return: Sunday, June 10 morning

Camping - We will camp in the South Bass Island State Park (http://parks.ohiodnr.gov/southbassisland) and make day trips from there.

The club has reserved two camp site that will accommodate up to 8 persons, for Thursday through Saturday nights. Please contact me if you plan on joining this trip and I will fill spots on a first come -first served basis.

Weather Contingencies - If conditions make it unsafe to paddle from the mainland to South Bass Island or back, you can

take your kayak and gear out to the island with your car on Miller's Ferry. We have room for 2 cars in the campsite. Information on Miller's Ferry is available at: https://www.millerferry.com/put-in-bay/put-in-bay-schedule/ (\$17/car/ way)



#### Requirements

This is a sea kayak camping trip that requires experience with open water paddling in 2-3 foot waves. A 16-foot or longer sea kayak with waterproof bulkheads is required. All participants should be able to paddle 10 miles on a day trip under normal conditions. All participants should be proficient with self- and assisted rescues and carry appropriate personal safety gear. Kayak camping experience is recommended. All participants provide their own meals, and please bring something to share for the rendezvous potluck events on Friday night.

Contact information = Please RSVP by e-mailing me at merlin-3d@sbcglobal.net by June 1, 2018. Camping sites slots are limited and I will assign tent spots on a first-come, first served basis.



### **Trip Announcement** 6/23-24/2018:

### 300 Springs Green River KY

**Sponsor: Natalie Needham** 

Come join us and explore a river section that's one of the Green River's best kept secrets. There are several natural springs and waterfalls along this beautiful stretch of river. Saturday will be a long paddle at about 20 miles, so plan on about a 7-8 hour paddle with breaks.

Saturday, June 23: 9 AM EDT: We will meet at the Five Star Foodmart 1301 Main St, Munfordville, KY 42765 at 9AM eastern time (8AM central) and promptly leave for the put-in at 9:15AM EDT (8:15AM CDT). The put-in is at Lynn Camp Creek, off of State Highway 566. Take out will be H.H.Wilson Park, off state highway 2185 (820 Munfordville-Linwood Rd, Munfordville, KY 42765) This is a good beginner's paddle as there aren't very many snags to negotiate or any portaging necessary. However, this is a long paddle and there are no easy ways to get off the river. You must determine if your physical shape is up for a long paddle. This paddle is also very flow dependent. If the flow is low, we will find somewhere else to paddle, so stay flexible. There is no fun in dragging boats for 20 miles. Locals say 3.5 ft. on the Munfordville gage is pretty much the minimum for a good trip. There are camping grounds nearby at Horse Cave and Mammoth Cave National Park. I'll be staying at MCNP campground beginning on Friday if anyone would like to share sites. Things to bring: pfd, paddle, lunch, beverages, lots of water, sunscreen, sunglasses, snacks, sense of adventure, and a sense of humor.

Sunday, June 24 - Optional - Sunday will be a nice 5-mile paddle on the way home. There are also several springs along this stretch. We will meet at the take out from Saturday's trip (H.H. Wilson Park) at 12PM EDT (11AM CDT) and then proceed to the take out at Big Buffalo Crossing Canoe (100 River Rd, Munfordville, KY 42765)

Please message me if you have any questions or comments about the trip at nataliehcckayak@gmail.com or 317-840-4507



### Introduction to Canoeing (Tandem) –July 28, 2018 Course Instructors: Brent Saucerman, Daniel Bendy

**Target Paddlers**: HCKC members who have never taken a canoeing class, or who want to improve their control of the canoe. Paddlers who would like to improve their basic strokes and skills. Kayakers who would like to broaden their horizons.

**Class Content:** As a new canoeist, you may know how to move your boat in calm water. We will work with you to make your paddling easier and more efficient—to give you more control over your boat. We will work on your basic knowledge, strokes, and other paddling skills that you may need to safely enjoy the sport. This course is based on the American Canoe Association Introduction to Canoeing course (basic syllabus at hyperlink). This is also a great opportunity to ask any question that you might have about paddling or the Hoosier Canoe and Kayak Club. Instruction will include tandem and solo strokes and techniques in tandem boats.

Your instructor will first talk with you about the basics and then quickly get on the water to teach you how to move your boat forward, backwards, sideways, and pivot, as well as how to turn and stop.

Meeting Place: To be Announced – The instructors will send out an e-mail to participants a week before the class.

Your Chance of Immersion: If water conditions allow, we will demonstrate rescue skills, and strongly recommend participants take part in exit and re-entry practice. Remember that canoeing is a "wet foot" sport-we will get feet and lower legs wet entering and exiting the boat. It is recommended that participants bring a change of clothes in a dry bag. Class Size: Attendance for be limited to 12 students and 6 tandem canoes.

Who may Attend: Enrollees must be registered HCKC Members and will be accepted based on the date that they register for the course on the HCKC website. Information on membership can be found at <a href="https://hoosiercanoeclub.org/join-us-2">https://hoosiercanoeclub.org/join-us-2</a> Membership costs much less than a comparable ACA Course through other sources.

Please do not sign up unless you can stay for the entire clinic (9:00 am to 3:30 pm).

What to Bring: Canoe, life jacket, paddle, paddling jacket, sun screen, bug repellent, lunch, and water. A wide-brimmed hat and sunglasses are recommended. Seat/kneeling pads if you wish. Dry sacks are recommended for personal gear that you plan to take on the water with you (major big box stores have inexpensive drybags and boxes-just double up. If you need a canoe, please let the instructor know as soon as possible so that we may try to find a boat to borrow.

What to wear— Synthetic, quick-dry long pants and shirt (recommended due to sun and creek conditions); Wide brimmed hat (boonie or similar); Sunglasses with floating strap; Windproof light jacket; old athletic shoes and wool or synthetic socks. Participants are encouraged to participate in exit and re-entry drills, if water conditions permit. Plan to get wet. Spare clothes in a dry bag! (Just in case). Safety equipment—Any safety equipment that normally carry-Bailing sponge, stirrup, tow or throw rope ...) Please don't buy safety equipment just for this class.

**Safety issues**--Please read the Essential Eligibility Criteria at the hyperlink to the ACA course description above. All participants shall wear life jackets at all times while on or near the water.

#### Schedule:

9:00 am Meet at Designated Location

9:30 am Be dressed to paddle with your boat at the launch area

9:30 am—3:30 pm Class

We will take an hour around Noon for lunch and a safety discussion. Please bring your own lunch. If you have questions, please contact Brent Saucerman at <a href="mailto:av8rsauce@mail.com">av8rsauce@mail.com</a> or 317-523-8417.

How to Register: https://hoosiercanoeandkayakclub.wildapricot.org/event-2928669

### Fall Creek Clean Up Trip Report May 5<sup>th</sup>, 2018 Natalie Needham



Thanks to the 7 people (Warren, Wayne, Jan, Jay, Judy, Brent and yours truly) who showed up and gave some love to Fall Creek on May 5<sup>th</sup>. Conditions were ideal that day with slight overcast skies, warm temperatures, a flow of 250CFS and a height of 2.8ft on the Millersville USGS Gage.

We put in at Skiles Test and paddled to the take out right by Binford Blvd, picking up trash along the way. I'm happy to say that I was expecting to see a lot more trash than we found. There were no log jams on this stretch of Fall Creek, but there were plenty of ducks, geese, blue herons, and turtles welcoming our effort.

River cleanups are not only a great way to bank good river karma and hope the river remembers you if or when you ever need it; but it's also a great way to pay thanks to our rivers and our community.

If you're interested in leading a clean-up trip on your favorite body of water, please contact any board member or fleet captain and we'll help make it happen! https://hoosiercanoeclub.org/page-18164



#### **Summer Pool Sessions**

Just a reminder that summer pool sessions are on Wednesdays from 7-9pm at Thatcher Park Pool.

4649 West Vermont St. Indy, IN 46222

Spruce up your paddle stroke, learn to roll, practice your roll, try out a new type of roll, learn to get back in your boat in deep water; all is possible at pool night. Only \$10!! Practice your roll in the pool so you don't have to practice swimming in the river!



<u>Trip:</u> Week of Paddling in the Ohiopyle, PA Area <u>Date:</u> 30 June – 08 July 2018 <u>Trip Sponsors:</u> John Gates (207) 522-0259, Toni Harris (317) 319-7534, Shirley Gates (317) 306-6383 <u>RSVP:</u> PLEASE RSVP to either of the Gates or Toni Harris by 20 June 2018 so we can buy enough food and permits!!!

<u>Location of Base Camp:</u> Tall Oakes Campground, <u>Lower Pavilion</u>, 544 Camp Riamo Rd, Farmington, PA 15437 (724) 329-4777

Paddler level: EVERYONE including YOUR family!!!!! The plan is to put together several trips based on skill levels from Touring Kayaking to Hardcore Whitewater. This will also be based on water levels from natural flows to dam releases. For example, the Savage River will be releasing on 01 July which does not run very often. It is a class IV river. The Upper Yough is a class V river and it is releasing on 30 June, 02, 06 - 07 July. The Lower and Middle Yough Rivers releases every day. Depending on water levels other rivers in the area will open up like the Cheat, the Big Sandy, the Tygart River (Valley falls), and Stoney to name a few. There is also touring kayaking available at nearby Deep Creek Lake. My plan is to have a meeting each morning and set up trips going to different rivers based on the skill level of the group. We will have a raft and a shredder so there will be opportunities for paddlers who do not have the skill level to paddle the Lower and Middle Yough and Savage River. Also I would like to conduct a skills seminar 04 – 05 July 2018. I would like to focus on boat handling skills and rescue skills.

Pets: Due to being the 4<sup>th</sup> of July and warm weather in western PA, it is not recommended you bring them because no one will be there to watch them or take care of them in camp while you are out paddling. Also this is a family trip and there will be several children around so there will be lots of kids running around

**4th of July Dinner:** The Gates Family will be sponsoring a hamburger and hotdog dinner with all the fixings for everyone who comes and camps and paddles with us. We just ask for donations to cover the cost of the food.

<u>Meals:</u> I will be cooking breakfast and dinner each day that I'm there at Tall Oaks. If you want to eat with us the cost per day is \$15.00 per person for both meals. As I have said in the past, you won't go away hungry and you better bring your running shoes or you will gain 5 lbs while you are there!

#### 29 June – 08 July:

**29 June:** The Lower Pavilion has been reserved for the Hoosier Canoe Club (HCC). If you do not want to stay around the Pavilion, please let me know and I can reserve the big campsite in the back of Tall Oaks.

**30 June:** I will be arriving early on 30 June and setting up the HCC Base Camp at the Lower Pavilion at Tall Oaks Campground. I will be leading a trip on the Loop Section of the Lower Yough that afternoon/ evening to cool off from sitting up camp. The Lower, Middle, and Upper Youghs will be running with releases, so if anyone would like to lead a trip on either of those three rivers please let me know.

**01 July:** The Savage will be releasing so I will be leading a trip to it. The Lower and Middle Yough will also be releasing so if you don't want to paddle in the cold water of the Savage those two rivers will also be available.

**02 July:** The Upper Yough will be releasing so I will be paddling it but the Middle and Lower Yough will be releasing.

**03 July:** The Middle and Lower Yough will be releasing.

04 - 05 July: If there is interested I would like to do a Boat Handling Skills and Rescue Skills Seminar. Please let me know if anyone is interested. The Middle and Lower Yough will be releasing.

06 - 07 July: The Upper Yough will be releasing so I will be paddling it but the Middle and Lower Yough will be releasing.

**08 July:** I will be paddling a quick trip on the Loop before I head back to Maine. The Middle and Lower Yough will be releasing.

Other activities: I will be running every morning so if you want to get some running in there will be an opportunity to go for a nice run before breakfast. I'm hoping Ken Jordan will be able to come and lead us in Yoga Classes every morning if not Momma Gates will be conducting "Yogart" Classes every morning. If you only want to go sunbathing, the rocks along the Loop Section of the Yough are waiting. If you want to ride your bicycle or rent one, there are plenty of miles on a former railroad bed that has been turned into a bike path.

Momma Gates will be leading a trip to go see Fallingwater, Architect Frank Lloyd Wright Homes, one of the days we are there. <a href="http://www.fallingwater.org/">http://www.fallingwater.org/</a>. She will also be visiting Fort Necessity. Momma Gates will be conducting arts and crafts classes during the day so if you want to relax in the camp and paint something it will be available. Jordan Ross will be hosting the 1st Annual "Kayak-Hole" Tournament (Date TBD), but I hear there is several bottle of "Magic Water" and a few other prices being offered.

## **Another Safety Piece from John Gates PFD's**

Personal Flotation Devices (PFD) are described in the following way: is a piece of equipment designed to assist a wearer to keep afloat in water. The wearer may be either conscious or unconscious. PFDs are also referred to as a **life jacket**, **life preserver**, **life belt**, **Mae West**, **life vest**, **life saver**, **cork jacket**, **buoyancy aid**). In this article I will refer to it as

a PFD. While I was researching for this article I came upon a quote from NRS about which PFD is the best, "We're often asked, "What's the best life jacket?" The best answer we can give is, "The one you're wearing when you need it." And you're much more likely to be wearing it if it fits well and is comfortable enough to wear all day while you're on the water." I'm not sure how much more there is to say than that! If your PFD is not comfortable you won't wear it properly and it won't be there when you need it. So please wear one that fits you and is suited for the type of water you are paddling in!

Remember: Check the State Law concering PFD requirements before you go on the water. Indiana Law requires that you must have a PFD in your canoe/kayak for each occupant. Children are required to wear them at all times. The Hoosier Canoe and Kayak Club requires you to wear it during all of our trips. No excuses, put it on!

For us paddlers we typically see two types of PFDs: **non rescue** and **rescue vest**. Non rescue vest come in many options and styles. If you are paddling big water and want extra flotation there is one for you out there.

**Rescue PFDs** have an integrated belt that has a quick release buckle and a tow tether that has a carabiner on one end to attach to a paddle, rope, or boat to it so you can tow. If you get into trouble or you want to release from the object you are tethered to; you release the buckle and it releases the tether from you and the object you are towing.

Everyone has their opinions concerning "Rescue Vests" and here is mine: I think everyone should be wearing one and here is why:

Doesn't matter what type of boat you are in or skill level, you can help rescue a fellow paddler when they go for a swim.

Tow a person if needed

Tow a boat

Tow a paddle

Secure yourself to shore so you do not get pulled into the water when you have thrown your throw bag to rescue someone

Secure yourself to an object so you can lower or raise a boat or people down or up on the bank

Become "live bait" if you need to go in the water to rescue someone







These are just a few examples why a rescue vest is worth its weight in gold! It will be the best investment in your gear but after you buy one make sure you learn how to use it.

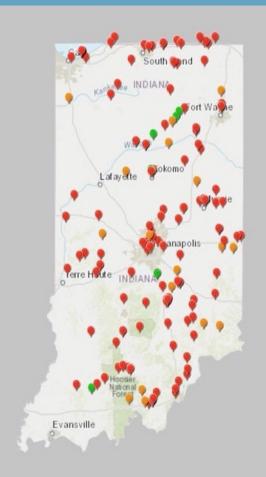
A great example is towing a boat full of water in current or calm water. If you have the skill level and you have surveyed the area to make sure you are not putting yourself in danger by towing; then hook your tether to the grab loop and start paddling to shore. When I'm towing a boat, I read the water and look for places that I can use the current to help me get the boat to a calm place so I can either leave it or get out of my boat and empty the other boat so it is easier for me to tow it or my fellow paddler that just swam can get back in it. Bottom line is use the water to your advantage and not let the water beat you!

# HOOSIER CANOE & KAYAK CLUB LAUNCHES LOW HEAD DAM REMOVAL AND SAFETY INITIATIVE

LOW HEAD DAMS ARE:



### **OVER 150 DAMS IN INDIANA**



### **LOCATION OF LOW HEAD DAMS**

MISSION STATEMENT: Initiate the removal of Low Head Dams in Indiana through public education and working directly with and engaging those organizations, clubs, schools, and public officials/legislature that can influence such results. River and water safety education is paramount in accomplishing this goal.

### <u>CURRENT WORKING INFORMATION REGARDING LOW</u> HEAD DAMS IN INDIANA:

Over 150 low head dams in Indiana. (the public is uninformed) Inadequate signage signaling the approaching dam. Little or no information available regarding the location of these dams to unsuspecting paddlers...and the dangers of encountering

DNR has designed an interactive app showing location of all known low head dams in Indiana

Many of the LHD are on private property requiring education and diplomatic negotiations with the owners...(maybe, offer incentives)

Many Indiana legislators may be uniformed regarding this issue: educate

Average age of drowning in a low head dam accident is 20.5 years.(youth education is paramount)

24 incidents in Indiana LHDs in 2017: 6 deaths and 18 recovered rescues

#### THE HOOSIER CANOE AND KAYAK CLUB'S GOALS IN THIS PROJECT

Outreach to the paddling and on-water recreational clubs, organizations, liveries, etc, in Indiana by: working independently but cooperatively with the DNR & Silver Jackets.

Developing an interactive platform in order that information on the issues and initiatives can be accessed readily...Currently, we are in communication with the Pelorus Project (Fort Wayne) regarding redevelopment of the Pelorus website, with a name change and enhanced mission...Pelorus has decided to give the club administrative rights and this will happen very soon.

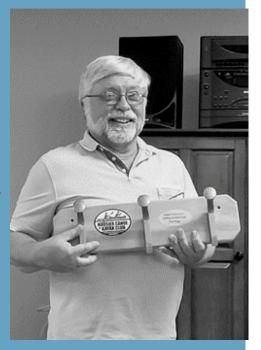
enabling all clubs to link to this site to access materials and information on the project The Over, Under, Gone video in a 10 minute version will be available as a teaching tool for educational

programs in schools and in other events. Link to the video: (click) Over, Under, Gone video

encouraging other Indiana clubs to carve out, in their organization, LHD education & safety on their website and Fb page and link directly to our platform

designing and building a Low Head Dam model—currently in process—as a working demonstration in educational venues. **Earl King, our project designer on this model is almost at completion:** See model below.

[\*\*Our club's website is completely independent of the DNR website and will function as a singular voice for recreational clubs and its associate organizations and membership. We are not part of any governmental agency when performing club activities including outreach and education].



### Follow Progress in the newsletter or on Fb until our website is up and running

Direct any questions to **Mariann Davis**, <u>marianndvs@gmail.com</u>, Subject: Low head dams

