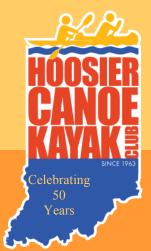
# The Hoosier Paddler

May 2014, Vol. 52 Issue 5 http://www.hoosiercanoeclub.org/



## Skipper's Message

People are posting pictures from Tennessee, Tybee Island, the East Coast: it must be Summer!! Our touring kayak and flatwater instruction classes are underway, the need for volunteers to help with the Eagle Creek Triathlon work is upon us, and our annual Summer meeting June 14 at Geist is in the final stages of planning. Make sure to read over the note on the Eagle Creek Tuesday paddles and follow the instructions to print out your Eagle Creek Tuesday evening Pass. As always, please submit your trip reports, announcements and pictures for publication by the 17th of each month to Dwayne dwaynesjamesA1@hotmail.com

Jim Clendenin Skipper

#### In this issue:

Front Page: Skipper's Message
Eagle Creek Triathlon

#### **Club Events:**

Page 2: Fall Creek Clean-up 6/7
Page 2: Annual Club Meeting 6/14

#### **Trip Announcements:**

Page 3: Ladies Only Lake Monroe 6/7-8

Page 3: Instruction Reminder

Page 4: Sea Kayak Clinic - Open Water Rescue

Nescue

Page 5: Eagle Creek Tuesday Pass

#### **Trip Reports:**

Page 6: Beaufort, NC surfing!!!

# **Celebrating 50 Years of Paddling**

Eagle Creek Triathlon 7/14/2014 Volunteers Needed for Safety Boats Contact: John Wainscott

We meet at 7 am and are on the water by 7:30. Contact John for details of location. No park pass required. Please help the club with these events. We provide safety boaters to the swimmers. This raises money for the club. wldleak@sbcglobal.net





## Club Event: Fall Creek Clean-up June 7, 2014

HCC members are good caretakers of our rivers and our club has cleaned up different sections of Fall Creek over the years.

This year we will clean the stretch of Fall Creek between I-465 and the bridge at Emerson Way (about 3 miles) which is where the old O'Malias was located.

If you haven't been to the area for awhile, prepare to be amazed...the old building is gone and they are preparing to build a Walmart Neighborhood Market.

Our group will meet at the Hardee's at 56th and Emerson Way at 9:30 am June 7<sup>th</sup>, and proceed to the putin. The club will provide bags and grabbers. We have some gloves but if you want to be sure you have a pair, bring yours along. As always, plan to dress for the weather and bring sunscreen and water. We won't be doing lunch on the water but anyone who wants to can head to Georges or La Hacienda at 71st and Hwy 37 for solid and liquid refreshments. Let Sue Foxx know if you will be participating.

Contact her at sufoxx713@aol.com or 317-363-4074.

# Summer Meeting June 14, 2014 Geist Park on Geist Reservoir

The HCC Summer meeting will be held June 14th at Geist Park in Hamilton County on Geist Reservoir starting at 3:30 pm. The official address of Geist Park is 10979 Florida Road, Fortville, 46040. We had hoped to use the Sailing Club again but they were hosting a Junior Olympics event that day.

Despite the change, Geist Park is a great location and is situated along Fall Creek where it flows into Geist Reservoir. It is a haven for birds and wildlife and a good fishing location.

That means there are good paddling options for everyone.

Plan to come and hang out with other paddlers, eat some BBQ, and take an evening paddle. The Club will provide the BBQ, chips, tableware, and drinks (soda/water). It is a pitch-in so plan to bring an item and lawn chairs. There are picnic tables in the shelter but folks may want a folding chair to just relax in the grass. The breakdown for what to bring is below:

A-F dessert

G-0 appetizers

P-Z salad or side dish (Last name begins with A-F, bring dessert item, etc)

While we will be using a large picnic shelter, there are no electric outlets so don't bring a crockpot. There are bathrooms and a playground for those with children. Pets must be on a leash and smoking is only allowed in designated areas.

The schedule is as follows:

3:30-4:30 pm Gather/Visit

4:30-6:00 pm Dinner

6:00 pm Paddle (Geist Park is open 24 hours but lighting is limited so it is recommended that folks load up by dark.)

If you have any questions, call Sue Foxx at 371-363-4074. Hope to see you on June 14th!

### **Trip Announcement:**

Ladies Lake Monroe Paddle (with Optional Overnight Car Camping) Saturday-Sunday, June 7th-8th, 2014

# Trip Sponsors: Kellie Kaneshiro and Anna Riley (touring), Linda Smith (flatwater)

Join us on Lake Monroe for the 2nd annual Ladies paddle! We will paddle on the east side of the 446 Causeway and some of us will be car camping overnight in Paynetown. If you can't make the overnight camping, join us for the day on Saturday.

Meeting Place/Put-In: Cutright SRA. Go to the first boat ramp that you come to after leaving 446. Directions to Meeting Place: Take Highway 446 south from Bloomington to the causeway. Cutright SRA is the first turn on your left immediately after you cross the causeway when driving south from Bloomington. This is about 2 hours from the intersection of 37 and I-465 on the southeast side of Indianapolis.

What to Bring: Bring your paddling gear, spray skirt, car camping gear (if needed), food, snacks and appropriate clothing. You should also bring drinking water, sunscreen and hat with you.

Be sure to have an Indiana DNR Boat Permit. You may be able to pick one up at the DNR headquarter on 446 just North of the entrance to Paynetown SRA on the west side of the road while heading to the put-in or the gate at Paynetown SRA.

Notes: Check the weather report and check in with Anna Riley who, along with the other trip sponsors will be watching the weather. Due to possible lake conditions, spray skirts are required and boats must have fore and aft bulk heads.

Schedule: Saturday -1:15 PM Arrive at Put-In. We will launch at 2:00PM.

This will be a relaxed paddle, we will go out and explore the lake before heading to Paynetown to set up camp. While it is a relaxed paddle, all paddlers should have previous kayaking experience.

Sunday paddling depends on what the group wants to do. Some may head home and some may want to take another paddle. We'll figure this out Saturday night.

#### Contact information:

Please contact Anna at <u>biscuitmila@gmail.com</u> by 7:00 pm on the Monday before the trip if you want to come and let her know if you'll be camping. Be sure to contact her since she will be monitoring weather forecasts prior to the trip and will notify people if we need to change the trip.

## Reminder – Introduction to Kayaking Class Instructors – Dave Ellis, Jim Sprandel Dates – Saturdays - June 28, 2014, July 26, 2014

There is still room in the upcoming Introduction to Paddling classes on May 31, June 28, and July 26. HCC Members will be accepted into these classes on a first come-first served basis.

Here's a chance for new paddlers to jumpstart your paddling! As a new kayaker, you may know how to move your boat around a river or lake. However, we will work with you to make your paddling easier and more efficient—to give you more control over your boat. We will work on the basic knowledge, strokes, and paddling skills that you need to safely enjoy the sport. This course will be based on the American Canoe Association "Introduction to Kayaking" course.

**Upcoming Training – continued on page 5** 

### Sea Kayaking Events

#### Sea Kayak Clinic - Open Water Rescue Saturday, June 14, 2014

Instructors: Jim Sprandel, Dave Ellis

Yes, we know this is on the same day as the HCC Summer Meeting: We have scheduled this clinic so that we can come to our Open Water Rescue Class before going to the Summer Meeting. We are starting our clinic relatively early so that we all can be off the water by 1:30 pm - 2:00 pm so you will be able to attend the party.

**Why Come?** When you capsize your boat in a large lake or in the ocean, swimming your boat to shore and emptying it is often not viable—you have to know how to reenter your boat quickly either by yourself or with help from other paddlers in your group. You want to know how to do this quickly and on your first attempt.

Clinic Structure: Rescues are skills that many paddlers have studied from different teachers at symposiums so I would like to run this as a clinic where experienced people share what works for them and techniques that they have seem demonstrated. However, Dave Ellis and I will start off each teaching segment by systematically walking through the steps to complete a rescue so that newer paddlers can learn and see the tricks associated with performing each rescue as well.

Course Content: At the course, we will cover the following topics:

Open water paddling hazards - winds, waves, and obstacles

Personal equipment that you and your group should carry

Wet exiting your boat

Solo Reentries (Paddle Float, Cowboy, Reenter and Roll)

Assisted Reentries (T-Rescue, Stirrup Rescue, Scoop Rescue,)

Towing - contact tows, short tows, and regular tows. Will discuss when to start towing and when towing may be needed to assist a rescue

Who should come? Any one paddling open water should come – new or experienced.

*New paddlers* should take this course because you learn what do if you capsize in open water – practicing these skills helps remove the "panic" if you do and you know how to get into your boat.

Experienced paddlers should come to polish up these skills. Only practice allows you to get someone back in their boat quickly and on the first attempt in conditions where people really capsize.

#### **Course Details**

Date: Saturday, June 14, 2014

**Location:** Geist Park – Contact me if you are not sure how to get there.

Schedule:

9:30 am Please get to Geist Park early enough to be able

launch at this time

9:30 am – 9:45 am Introductions/Shore-Based Training

9:45 am On-Water Training

1:30 pm Return to Geist Park for Wrap-Up

**Required Equipment**: (Contact with <u>Jim</u> or <u>Dave</u> if you want an exception to these requirements since we may have extra equipment that you can borrow):

Touring Kayak or Sea Kayak (14' or longer) with Perimeter deck lines running to the bow and stern of your boat.

Must have sealed fore and aft bulkheads

PFD, Spray Skirt, pump, water, snacks, dry clothes, sun screen.

Paddle – It is best to bring the paddle that you normally paddle with.

**Recommended Equipment**: (Please bring if you have.)

Paddle Float, tow rope, rescue stirrup

Wet Suit or Dry Suit—Depending on the weather, you may want at least a wet suit to be comfortable/

Nose clips—Nose clips are strongly recommended since we will be getting in the water.

**Contact Information**: If you wish to sign up, contact Jim Sprandel at <a href="mailto:merlin-3d@sbcglobal.net">merlin-3d@sbcglobal.net</a> or (317) 257-2063 by Thursday, May 29, 2013. Contact <a href="mailto:Jim">Jim</a> or <a href="mailto:Dave">Dave</a> if you have any questions about the course.

**Upcoming Training** continued from page 3

**Introduction to Paddling Classes -** Dave Ellis and I will offer Introduction to Paddling classes for newer paddlers on June 28 and July 26. These classes are open to HCC members who are newer Flatwater paddler, touring, or sea kayakers. Full details for these classes are in this newsletter.

**Open Water Rescue Clinic, June 14** – We will have an Open Water Rescue Clinic on June 14. This should be a fun day where we all get to practice our solo and assisted rescues. I will distribute information for this class in May via the Sea Kayak mailing list, bulletin board, and June Newsletter.

Please e-mail me at <u>merlin-3d@sbcglobal.net</u> if you have any questions on these classes.

Please submit your pictures and reports to the editor

### **Eagle Creek Tuesday Evening Paddles** Jim Sprandel

Eagle Creek paddles will again be held on Tuesday evenings this year.

These Tuesday Evening paddles are provided for Hoosier Canoe Club members through a Partnership Agreement between Eagle Creek Park and the HCC. Eagle Creek grants members admission to the park at no charge any time after 1:00 pm on Tuesday. In exchange, the club will pay for these park admissions by cleaning up the shore of the Eagle Creek Lake. In September, we will be recruiting volunteers to help with this clean-up.

If you have never paddled Eagle Creek, it is an interesting and fun area with open water which can get "playful" (1-2 foot waves) for sea kayakers when the wind kicks up. Flatwater paddlers can feel at home on Eagle Creek above the bridge at Lafayette Road or up Fishback Creek which are only 1.5 miles or so from the boat ramp. There is a lot of wildlife around the lake—it's common to see ducks, geese, cormorants, egrets, herons, and even bald eagles on our paddles. Plus, we see an occasional beaver and osprey.

When: Tuesday Afternoons/Evenings - May 6 through September 30, 2014

**2014 HCC-Eagle Creek Pass:** HCC Members **must** print this pass and show it to the Eagle Creek gate staff to get in without paying. Park admittance is normally \$8 for a car with one boat.

To access the 2014 HCC-Eagle Creek Pass - Go to: <a href="https://docs.google.com/file/d/08zF-e7gbsxrlOHR4Nk5TVUp5MlE/">https://docs.google.com/file/d/08zF-e7gbsxrlOHR4Nk5TVUp5MlE/</a>

**IMPORTANT:** The Eagle Creek Park Pass is password protected. Before you can display or print the pass, you will be asked to type in the password that Dave Ellis gave you to access the HCC Membership List.

If you have forgotten this password, please e-mail Dave Ellis (<u>riverpapaw@aol.com</u>) or Jim Sprandel (<u>merlin-3d@sbcglobal.net</u>). **Please allow at least one day to get the password** and be sure to include both your full name and e-mail address when requesting this information.

**Trip report:** 

Beaufort, NC Apr 26-May 3, 2014

Sponsor: Dave Ellis

(Note to Whitewater people: skip to the next to last paragraph)

In November 2006, I paddled in this area with Reg and Debby Baker, Garry and Patty Bledsoe, Kevin and Martha Dogan, Dan and Connie Clark and Max Kidwell. The Bakers sponsored that trip and I've always wanted to go back so I stepped up and sponsored the trip in May 2014. Tom Siddall, Konstantin Louganski, Mark Cowser, Duane Garloch, Mariann Davis, Jim Clendinen, Jim Sprandel, and Earl King joined me for this year's NC adventure. Nine of us, but it seemed like fewer. There was no one with special needs to accommodate. I used the same national forest camp ground the Bakers had settled on after several trips to this area at the south end of the Outer Banks. We did online reservations this year which worked well and appear to be required due to the popularity of this camp grounds. 2014 repeated 3 of the 6 paddle trips done in 2006 plus 3 others. And there are many more in this general area we can do on future excursions. Since Sprandel posted the itinerary for the week as well as links to posted photos on the bulletin board, I'll not do that. See: http://www.hccbulletinboard.org/forum/sea-kayaking/33364-2014-beaufort-nc-trip

To quote Reg: "We are an eating club with a paddling disorder." We cooked in camp about half the nights and ate out about half. The Ice House and Saltwater Grill in Swansboro got favorable reviews by our group. The Big Oak Drive-in & Bar-b-que near the aquarium and a café on 58 just north of the campground were judged to be interesting. As was the Sanitary Restaurant where the Nina and Pinta replicas were moored. Camp cooking was ... ahem ... efficient. Nothing to compete with Reg's spit roasted Cornish game hens. The Chef's, Clendinen and King, however, made the rest of us look like pretty bad. Wednesday night we used a bottle of black berry brandy provided by John Gates to toast Reggie and tell stories about our experiences with Reg. It's hard to believe he has been gone 5 years.

I can remember visiting 6 or 7 aquariums (aquaria?). And I'd rate the one we toured at Pine Knoll Shores as #2. Not large, but very well done. Some Black Beard artifacts have been added to the Maritime Museum in Beaufort since 2006. Interesting. I'm still amazed that the Pinta and Nina had tiller controlled rudders. No wheel controlled rudders till the 1700's. And the Gregory Poole shad fishing boat is no longer docked in Beaufort. In its place, more high rise vacation rentals. We need to research additional non-paddling destinations for future trips.

Now, let me tell you about my surf play on Friday at the west end of Bear Island. We paddled out through the salt marsh on a marked canoe trail. The end of the island had changed greatly since 2006. There was maybe 20 acres of sand where the channel had been. We landed in the 2006 lunch spot to access the possibilities by sneaker-net, IE walking around. We could see great surf, but couldn't get to it due to a bird nesting area restriction. The best route was to paddle 1/3 mile away from our destination and back. By the time I had that figured that out, our kayaks were over 50 feet from the water due to falling tide. After getting the other paddlers into a safe place for lunch and where each could decide how much surf the wanted to experience, I headed out to play. Imagine Fayette Station Rapids on the New. But without current pushing you through. And twice as long. And 30 times wider. Most waves were in the 3-4 foot range. Early on, I was broached by a 4 foot breaking wave and side surfed 8-10 seconds on my weaker right side before successfully turning back out but still upright. That experience gave me the confidence to push things. Several proper surf rides and a lot of air added to the experience. I remember one green wave where over half my boat was out of the water before smacking down. MY GPS speed profile showed 10 mph for several extended periods. YOU really should have been there. For my sake as well as your amusement. We really need to go to Beaufort in the future. Nov 2014? May 2015? Who is in??