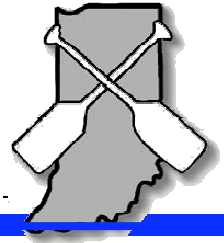


The Hoosier Paddler



Volume 49, Issue 1

<http://www.hoosiercanoeclub.org/>

February 2011

Hello, HCC — There's a New Toad in Town

Theresa Kulczak

Welcome to the 2011 paddling year! With the Trips Planning Meeting and the first Board of Directors meeting having just taken place, The Black Toad is hopping with excitement about the year ahead! I'm honored to serve as Skipper and also humbled as many former Skippers have had decades of paddling experience and I'm only about halfway down the stream. Even the prospect of this first article was a bit daunting knowing that it would be read by so many paddlers for whom I have such respect and cherish as friends. I will be asking for your input and will appreciate your support!

A good portion of the January Board meeting was dedicated to a brainstorming session and many great ideas came forth. After the session, one of the directors said, "it's kind of like a rebirth," and while it may not have been quite that momentous, it was inspiring and eye-opening, and I came away really pumped. Of particular interest were suggestions to organize a "flagship event" for the club, more training opportunities, and sponsoring an adaptive paddle for persons with special needs. We do hope that members will feel free to share their views of the organization and suggestions with us. I'm particularly interested in throwing the net out and welcoming new members as it's the *people who make the trips fun*. Several other regional clubs have contacted me about joint trips, and partnering with other clubs offers a great way to experience new waters with the folks who know them (and for us to introduce our best streams to them).

We were pleased to welcome to the Trips Planning meeting several new members and experienced paddlers, in addition to the "regulars." I'm especially optimistic about the new group of leaders for our whitewater section. Look forward to a great paddling calendar, and you even still have a week or two to let the paddling chairs know your requests!

Next on the horizon is the Boat, Sport and Travel Show, February 18-27 at the Indiana State Fairgrounds in Indianapolis. The show organizers are providing a tremendous opportunity in offering a "Quiet Sports Expo" and they're going all out to showcase local recreational clubs. The theme is "QSports – Powered by Humans." We're told there will be four billboards around the city carrying the theme. Over 150,000 visitors go through the show and, this year, the organizers have dedicated 35,000 square feet to Quiet Sports. There will be three times more space than last year, including a Canoe/Kayak Pool, a Dive Pool (also for kayak roll demos), a Fly-Casting Lane, and a Mountain Bike Area. With several paddling clubs participating, including the HCC as one of the largest, paddle-sports will be prominently featured.

This first quarter of the year already owes much thanks to our Executive Officer, Dwayne James, who's heading up the HCC effort in the Boat, Sport and Travel Show, as well as leading two of our traditional winter paddling trips, the New Year's Day Paddle and the Ice Falls trip. And he and his greyhounds just hosted the Trips Planning meeting in his historic home. DJ rocks!

Thatcher Pool is the place to be on Saturday mornings, now through March! The Saturday morning time-frame is attracting paddlers from all over the state. It's a great chance to get your boat wet and see your favorite buddies when the ice is on the rivers, and maybe catch some grub afterwards.

And keep your eyes on the Bulletin Board for ski trips! You might even see a canoe going down the slope as a sled.....

LHMF!*

The Black Toad ~ Theresa Kulczak, Skipper

The Newsletter of the Hoosier Canoe Club

2011 HCC Officers, Board of Directors, and Committee Chairs

Officers:

Skipper: Theresa Kulczak
Executive Officer: Dwayne James
Purser: Jim Clendenin
Yeoman: Susi Megathlin

Board of Directors:

Mariann Davis
Joel DeLashmit
Dan Evard
Sue Foxx
Robert Henry
Kellie Kaneshiro
Jordan Ross
Matt Slagel
Linda Smith
Jim Sprandel
Ken Starrs
Barry Welling

Committee Chairs:

Trips Chairman: Dwayne James
Flatwater Trips: Sue Foxx
Bluewater Trips: Kellie Kaneshiro, Jim Sprandel
Whitewater Trips: Rob Henry, Ken Starrs
Conservation and Clean-Ups: Dan Evard
Eagle Creek Coordination: Jim Sprandel
Kayak Fishing Trips: Jay Moyer, John Wainscott
Paddle Safe Indiana Campaign: Dan Valleskey
Pool Training: Jordan Ross
Safety and Training: Barry Welling
Triathlons: John Wainscott

Membership: Dave Ellis
Newsletter Editor: Kim Henry
Publicity: Mariann Davis
Cheer: Joy Miller
Webmaster: Roger Kugler



2011 Dues Reminder

Eagle Creek, Zionsville, January 2011

Your 2011 HCC dues are now due. Please mail a check for \$15 to Membership Chairman, Dave Ellis – 7650 Poplar Road, Brownsburg, IN, 46112. Or hand me money at a Saturday Morning Pool session. Or use our new on-line facility to pay via PayPal or a credit card, go the "Join Us" page on the HCC web site at: <http://www.hoosiercanoecub.org/join.htm>.

Members procrastinating past March 1, 2011 will be stricken from the club rolls as stipulated by our By-Laws.

Important: If you want to continue receiving a paper copy of the newsletter, please clearly indicate that when you send Dave your dues.

If you have a question about your membership, contact Dave at RiverPaPaw@aol.com or 317-858-0963.



Meet Your New Board Members

This past November, three new members were elected to the board. For those of you not familiar with them, here are some short biographies.

Barry Welling

Hi, I'm Barry Welling and I've been an HCC member and a Whitewater kayaker for 4 years now. With the HCC I've boated in Wisconsin, Arkansas, Ohio, Pennsylvania, Maryland, West Virginia, Virginia, North Carolina, Tennessee, Kentucky, and of course Indiana. I found WW kayaking from several other sports including Caving, Rock Climbing, Mountain Biking, Downhill Skiing and Hiking. I have a long history, and interest in Safety, though if I think the risk is minimal, I've been known to do some Crazy things at times :) I've recently added Riverboarding to my list of Water sports, and it's been a lot of fun to compare and contrast the same rivers on a board versus on a kayak. Professionally, I run my own business making Magic props for magicians. I hope to encourage communication within the club, and without. I'd love to see us all with a better understanding of some of the "other" facets of the water sports we all collectively enjoy. I'm hoping to help the membership feel the club is listening to them, and to help the club talk with other similar organizations around us.

Ken Starrs

My name is Ken Starrs, and I am one of three new board members from the whitewater side of the club. I've been a member of the HCC since 2007, which is also when I started paddling. I also own a touring kayak, but it hasn't received as much use as my Pyranha Burn. I've lived in Lafayette since 2004, and my favorite local run is the Big Pine Creek. Over the years, I've had a great time traveling to Wisconsin, Kentucky, and NC for various club trips. I'm originally from up-state NY, so—fingers crossed—I'll be heading back that way in the future, to get on some of the rivers and creeks up there. Feel free to contact me if anyone ever wants to hit the 'Pine, chances are, I'll meet you there!

Robert Henry

I am Rob Henry. I grew up canoeing and kayaking on Sugar Creek near Thorntown, Indiana. I have always loved water sports especially the more adventurous ones. I started whitewater kayaking in Missouri with the Missouri White-water Association while in college. I have been a club member since 2007. I spend as much time as possible on the Big Pine, Sugar Creek or East Race. Working as an environmental engineer for the state allows me plenty of free time for my sports. I have paddled with the club in Kentucky, Tennessee, Arkansas, North Carolina, and Pennsylvania. I am eager to assist in properly training new members and existing members who wish to expand their kayaking skills. My other sports are trail riding/mountain biking, and hiking. I share my activities with my wife (Kim), and 15 year old daughter (Paige).



Barry, Rob, and Ken (in that order) at the January Board meeting

Inuit Fable: *Once upon a time, two Eskimos sitting in a kayak were chilly, so they lit a fire. Unsurprisingly their kayak sank, proving once again that 'you can't have your kayak and heat it too'.*

Winter is a beautiful and often ethereal time to paddle. It's quiet and the ice formations along lakes and streams can be amazing. It also requires more preparation than paddling in warmer weather. You need to take special precautions since the lower air and water temperature raise the risk factors associated with capsizing and exposure.

I will discuss the risks of cold weather paddling and then how to manage them. This article draws heavily from the American Canoe Association's (ACA) pamphlet "*Cold Water Survival*" and discussions at the Wilderness First Aid (WFA) class that I attended.



Sugar Creek, 2010 Ice Falls Trip

The Risks of Cold Water Paddling

At this point, everyone is thinking "hypothermia". You're partially right. Hypothermia can cause serious problems when you're paddling, especially if you fall in. However, if you go into the water without being prepared, there are two cold water effects that can kill you long before hypothermia sets in.

Cold Shock – When you are suddenly submerged in water below 70 degrees, the body receives a shock – you've all gasped when jumping into moderately cold water. Cold water can immediately induce erratic breathing including a gasping reflex, increased heart rate and blood pressure, and general disorientation. This initial reaction can last one or two minutes.

The involuntary gasping reflex can cause a person to inhale water and drown immediately—especially if the paddler is not wearing his PFD. In addition, the heart's response has been documented to trigger cardiac arrest even in younger paddlers.

Cold Water Incapacitation: You lose heat more than 25 times faster in water than in air. If you are not wearing a dry suit or wetsuit, you can lose complete use of your muscles within 3-10 minutes of entering the water. You are not able to swim, put on your PFD, use your phone or radio to get help, or attempt to reenter your boat. You are conscious but unable to help yourself in any way.

A person exposed to cold water and not wearing a PFD often drowns at this phase since they are no longer able to keep their head above water. Some strong swimmers don't wear their PFDs since they feel that they can always make it to shore. However, studies show that strong swimmers even wearing PFDs may be able to swim less than 100 feet in these conditions.

Hypothermia: Hypothermia is the process where the body starts shutting down as its core temperature drops. The onset of this is quick if you fall in the water, since you lose heat in water so much faster than in the air. Although it can also impact hikers or paddlers in their boats if they become damp or are not dressed warmly enough. Make a point to check on other people around you — even experienced paddlers. You want to help them when they start feeling cold and before they start shivering.

Symptoms of Hypothermia: My Wilderness First Aid class characterized the symptoms of hypothermia as the "umbles". The symptoms of hypothermia in the order that they occur are:

Mild Hypothermia (*Victim shivering but coherent*)

Shivering: This occurs when the body temperature drops below 97 degree. Shivering is an attempt by the body to increase its activity and maintain its temperature.



Moderate Hypothermia (*Victim may be irrational with deteriorating coordination*)

Grumbles – Loss of Judgment: A person loses their judgment and can no longer properly evaluate their own condition. Shivering may lessen or stop by this point.

Stumbles/Fumbles – Clumsiness and Loss of Manual Dexterity. This occurs when one's body temperature drops to about 93°F. Mental capacity also deteriorates at this point.

Mumbles – Slurred Speech

Severe Hypothermia (*Victim may resist help, be semiconscious or unconscious, or appear dead.*)

Crumbles: After this point, inward behavior, muscular rigidity, unconsciousness, and then death can occur. The metabolic rate drops as the body cools more. A warmly dressed adult can maintain consciousness for 40 minutes in 40 degree water but they lose any ability to help themselves within 5-10 minutes.

Preparing for Cold Weather Paddling

There are a number of things that you can do to reduce the risks of cold weather paddling:

- **Know your Conditions:** Before you head out, check the weather forecast for your trip and know how cold the water is so that you can gauge your risks and properly prepare for them.
- **Talk to your Group:** The impacts of hypothermia can be minimized in the field if you catch them early – when a person just starts to feel cold or at the very latest when the person begins to shiver. Before setting out, discuss the weather/water conditions and explain the risks to your group. Tell people to tell someone as soon as they start feeling cold. Stopping early will save the group a lot of time in the long run.
Be sure to check with the paddlers around you while underway to make sure that everyone is okay.
- **Eat and Drink Enough:** Be sure to eat high carbohydrate foods and to drink plenty of water before and during your trip.
- **Always wear your PDF:** Wearing your PDF can buy enough time for the other paddlers to get to you and help. As cited above, drowning can be almost immediate if you fall in the water due to the gasp reflex or cardiac arrest. In addition, your PFD helps insulates your torso.
- **Don't Paddle Solo:** This rule is especially important in cold water conditions. If you fall in the water and are not dressed in a wet suit or dry suit, you lose motor coordination quickly so that you may not be able to help yourself out of the water even if you are close to shore. Any margin for error is gone.
- **Wear a Wet Suit or Dry Suit:** The ACA recommends wearing a wet suit or dry suit if the combined air and water temperature is below 120°F or if the water temperature is below 60 °F. Wet suits and dry suits are expected for whitewater and open water paddling where you may not be able to get out of the water quickly. Wearing a wet suit and especially a dry suit reduces the impact of cold shock and slows down heat loss from your body so you increase how long you can stay in the water and be able to respond.
- **Dress Warmly:** If you don't wear a wet suit or dry suit, dress in layers of synthetic fabrics like polar fleece. Your base layer should be a wicking layer. Never wear cotton and be sure to wear a wind-proof layer on top. Be sure to carry extra clothes, hats, wind-proof jacket/pants, and gloves in a dry bag to change into just in case you or someone in your groups falls in.
- **Wear a Hat:** Be sure to wear a hat that will stay on your head if you capsize since it is reported that 50% of the body's heat loss can be through the head.
- **Carry the Right Equipment:** Carry equipment to help people who capsize or become cold. This includes:
 - High energy food and warm drinks such as hot chocolate or decaffeinated coffee. Consider carrying a thermos or small camp stove and food. Do **not** give a hypothermic person caffeine or alcohol
 - Dry Clothes – If someone capsizes, get them in dry clothes, jackets, hats, and gloves as soon as possible. These should be carried in a dry bag in your boat.



-
- Oversized Wind Breaker/Splash Jacket – Carry a large wind breaker or splash jacket that you can slip over a wet paddler including his PFD. If you are on open water, it may take time to get the person to shore.
 - Emergency Blanket or Sleeping Bag – Carry a “space blanket”, tarp, or sleeping bag that you can wrap around someone to keep the person from losing more body heat after changing into dry clothes. A space blanket takes up almost no space in your boat and is very effective.
 - Fire Supplies: Garry Hill recommends carrying supplies for building a fire in your boat. This could include fire starters, lighter and wood since you can’t rely on finding dry wood when you beach.
 - Cell Phone and GPS: You may need to call for emergency medical help. The GPS helps the responders pin-point your location. In coastal waters, carry a VHF marine radio since cell coverage may be limited.

Helping someone after capsizing in Cold Water

Wetsuits and dry suits are required on sea kayak and whitewater trips in cold water conditions. However, most paddlers on club flatwater trips dress warmly but do not wear wetsuits or dry suits. This works since we paddle moderate streams in the colder months and since most people normally scramble out of the stream quickly if they capsize.

After the person is on-shore:

- The person should dry off and quickly change into dry clothes. Be sure to put a wind breaker or paddling jacket on top as well as wind-proof trousers.
- While waiting to get underway, wrap the person in a blanket, tarp, or sleeping bag to help retain as much heat as possible.
- Give the person something warm to drink and high-carbohydrate food to eat. You may want to carry a thermos for this purpose.
- After they have warmed up, you should resume paddling. The activity of paddling will help warm their body up.

Note: Every cold weather trip should have one or more paddlers wearing wet suits or preferably dry suits just in case someone has to enter the water in a rescue situation.

Treatment of Hypothermia

The treatment of hypothermia is beyond the scope of this article but is summarized in the ACA *Cold Water Survival* pamphlet. This would be good information to carry in the first aid kit that you carry in your boat. I have extra copies of this brochures so send me an e-mail with your address at merlin-3d@sbcglobal.net if you would like a copy or ask me at the pool.

The important thing to remember is to treat this condition early. Treat it when the person first feels cold—before shivering begins. The recommended treatment for even mild hypothermia (shivering) involves warming the victim for several hours before setting out again.

Additional Material

Here are several good resources available that discuss paddling in cold weather.

- ACA Pamphlet *Cold Water Survival* - <http://www.americancanoe.org/atf/cf/%7B74254DC2-74B4-446F-92BE-547992272AB7%7D/Cold%20Water%20Survival.pdf>
- Cold Water Boot Camp - <http://www.youtube.com/watch?v=J1xohI3B4Uc>, A 10-minute video graphically showing the effects of cold water immersion.



New Year's Day Paddle 2011

White River: Waverly to Henderson Ford Bridge

Dwayne James

Our annual New Year's Day paddle was another enjoyable day on the water. Temperatures in the mid-to high 30's, wind gusts fifteen to twenty mph and overcast skies were the norm for the day but the occasional blue skies and sunshine made the day seem warmer than it was. Twelve other paddlers joined me for our float. The canoeists were Theresa Kulczak, Worth Donaldson, and myself. Everyone else brought along their kayaks and those individuals included: Derak James, Sue Foxx, Tom Beckerich, Jim Sprandel, Mark Cowser, Jeff McConnell, Addison McConnell, Greg Rathnow, Keith Morris and Earl King. The scene of their paddles moving in rhythm past the trees and catching the sunlight made for a fine photo opportunity, but I missed it because I could not get my waterproof gloves off fast enough to operate the camera!



According to Jim Sprandel, official club photographer and trip measurer, we ran the 9.2 miles of the trip (per GPS) in just about 2 hours (moving time). At many points, there was a 3-4 mile current due to the rain the prior night. The total trip took about 2 and a half hours with one brief stop to stretch the legs and rid ourselves of excess coffee. Surprisingly, we saw at least 6 boats outfitted with camouflage and filled with bird dogs and hunters looking for ducks and geese. I had noticed one or two before, but never this many on our paddle. I guess we have let others in on the secret of spending the start of the new year enjoying the outdoors here in Indiana. I hope everyone else enjoyed the paddle as much as I did. Sorry I could not manage to keep the snow around for the day. I will try to ensure the Ice Falls trip is as nice as last year's trip.



Winter Weekend Paddling at Thatcher Pool

Where: Thatcher Recreation Center
4649 W. Vermont St.
Indianapolis, IN 46222 (pool access in the rear of the center)
When: February 12, 19, 26
Saturday mornings, 10 AM to noon

Cost: \$10 per adult or HCC family. Kids under 18 free (with adult)

Thatcher pool is a great venue for winter pool sessions. The water is warm and there is ample shallow area for roll training whitewater and touring kayakers. Canoes are welcome too, of course. There's even an aquatic climbing wall! Everyone is invited to après-boating brunch & video afterwards (location to be determined).

Saturday Pool Sessions Well Attended

Turnout has been very good for the Saturday morning pool sessions this winter at Thatcher Pool. It's been especially nice for families. The sessions were switched from Wednesday evenings beginning in December. Given the success of the program and the willingness of the folks at Thatcher let us make the change it's likely we'll do this every winter from now on. The pool sessions will switch back to Wednesday evening on March 2 when the HCC begins scheduling paddling trips on weekends.

Thatcher Pool To Close For Maintenance

Thatcher pool will be closed for maintenance for two weeks beginning January 28. That means the Saturday morning pool sessions will be cancelled January 29 and February 5. Please check the HCC Bulletin Board for updates on the closing and re-opening dates. In the past Indy Parks has been very unreliable regarding closing and re-opening dates, especially when contractors fail to start or complete work on time:
HCC Bulletin Board: <http://www.hccbulletinboard.org/forums/index.php?>

6th Annual HCC / Whitewater Warehouse Boat Demo**Saturday, March 5**

Once again the folks from Whitewater Warehouse in Dayton, Ohio will bring trailer loads of the latest recreational and whitewater kayaks for HCC'rs to try out at Thatcher Pool. The event will be held from 4 pm to 7pm, Saturday, March 5. Pool fee is \$10 and paddlers are welcomed to bring their own boats too. If there is a particular boat or paddling accessory you would like them to bring along please contact Jeryl Yantis at Whitewater Warehouse the week before the event:

Jeryl Yantis, Whitewater Warehouse (937) 222--7020

Event: Annual HCC / Whitewater Warehouse Boat Demo

When: Saturday, March 5

Time: 4pm to 7pm

Where: IndyParks Thatcher Recreation Center Pool

Address: 4649 West Vermont Street, Indianapolis IN 46222

Contacts: Jordan Ross, HCC (317) 460-7000 Jeryl Yantis, Whitewater Warehouse (937) 222--7020

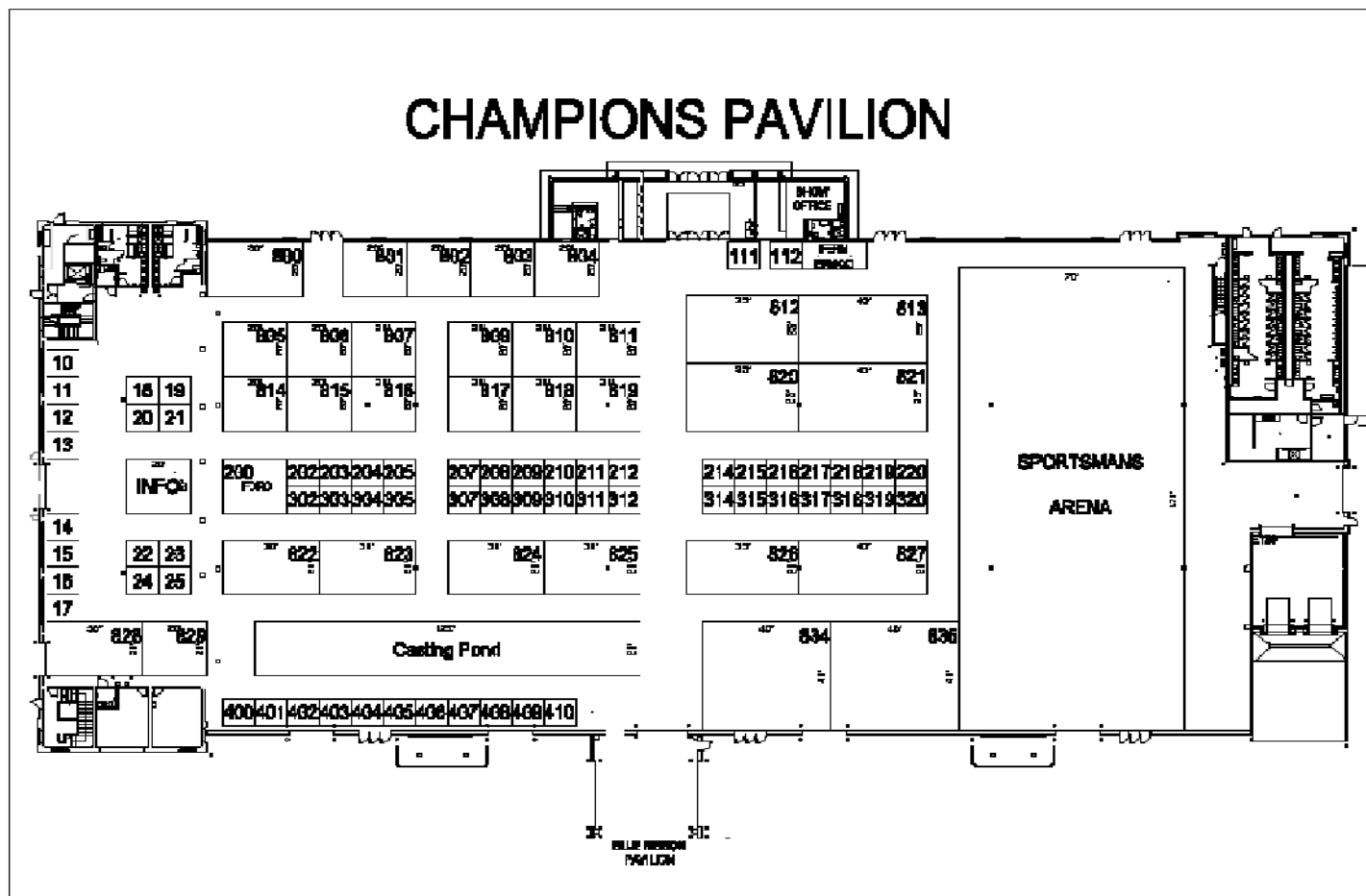


The Hoosier Canoe Club will be participating in the Ford 57th Annual Indianapolis Sport, Boat and Travel Show at the Indiana State Fairgrounds this year as part of a Quiet Sports promotion. Renfro Productions and Management, which puts on this show every year, is providing Indiana clubs that focus on paddling, hiking, camping, horseback riding, and other quiet sports an opportunity to promote their clubs and their passion for their sport. The show runs from February 18 through February 27, 2011. As part of the show, Renfro Productions is providing free booth space and they are making a stage available for the clubs to use for presentations and slide shows of our favorite places to paddle.

Our club is manning a display table throughout the event thanks to the efforts of volunteers. If you would like to volunteer to man the booth, or you have a presentation you can make to the public, please contact Dwayne James asap. kanudreams@sbcglobal.net or 317-834-3649. If you have pictures to share as part of a general club presentation, please send them to Dwayne at once.

This is an excellent opportunity to promote our club. Even if you cannot help man the booth, please stop by and visit with the other clubs. Who knew there were so many?

To learn more about the show, please go to <http://indianapolisboatsportandtravelshow.com/> You will notice that some of the clubs have already provided information and it is posted. We will soon be featured as well. Below is a map of Quiet Sports and Outdoor Living Pavilion—the HCC booth should be in the bottom left area.



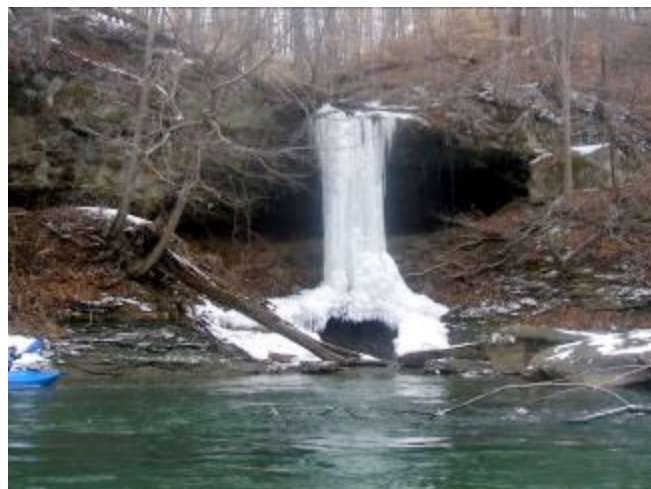
Wilderness First Aid Class

The American Red Cross will hold a Wilderness First Aid Class in March, either the 3rd or 4th week-end. Paddlers are encouraged to learn wilderness first aid skills and the basic equipment for a wilderness trip, which is essentially what a paddling trip is. For those with previous training, if you have not taken a course in recent years, it is always a good refresher. This course includes CPR/AED which is often not included in other wilderness first aid programs. The CPR/AED section will be offered online, with lecture, videos, and test online, and with the practical portion on the Friday night before the WFA lasting for 3 hours. The WFA portion will follow on Saturday and Sunday with 8 hour sessions. The cost is \$150. Registration for the course will be through the website at www.indyredcrosstraining.org. If you have questions please contact Red Cross at mhawthorne@redcross-indy.org. Location for the class to be announced.

Sugar Creek Ice Falls Trip Trip Leader: Dwayne James

Saturday, February 12, 2011

Due to our involvement in the Indianapolis Boat Sport and Travel Show during the last two weekends in February, I have moved up the Ice Falls trip to Saturday, February 12th for this year. Note: Should we have to cancel the 2/12/11 date due to weather or high water, we will reschedule the trip for March 5, 2011. I will post a message and email if I move the trip to the latter date.



Sugar Creek, Ice Falls Trip 2010

Get your early paddling fix with the annual (open water permitting) Ice Falls Trip on Sugar Creek. This is a fun trip where you'll see big ice cascades, rock formations, two covered bridges, herons, eagles, robins, and red-winged black birds returning for spring. This trip is **very** weather dependent for open water and appropriate dress is required. In some years, we wore only sweatshirts. In others, we wore snowsuits and needed paddles to clear snow from our cars at the take-out. This is not a deterrent but an unexpected thrill.

We will meet at Deers Mill Covered bridge at 10:30 a.m. The put-in is at Deers Mill bridge, next to the canoe livery at the east end of Shades State Park on Indiana 234. You must pass the entrance to Shades to get to the bridge. The shuttle should run about 11:00 a.m. The take-out is at Cox's Ford bridge located at the west edge of Turkey Run State Park.

Bring a lunch and drink for the trip as there are no other provisions along the way. Some paddlers elect to eat together at the Turkey Run Inn or somewhere else before driving home. We can talk about that while we paddle and make plans for those that wish to do so.

Please watch the weather and be sure to contact Dwayne prior to the trip since this trip may be cancelled due to frozen water or bad weather. If the water level is above 3.5 feet on the USGS gauge we will cancel the trip. Follow this link to check the flow: http://waterdata.usgs.gov/in/nwis/uv?site_no=03339500

Dress accordingly and be sure to bring a dry bag with extra clothes in case you get wet. Please contact Dwayne by Friday evening, February 11th, to confirm your attendance and that the trip is a go. kanudreams@sbcglobal.net



Canoeecopia 2011, Madison, WI

Friday March 11 – Sunday March 13, 2011

Canoeecopia is one of the largest canoe and kayak expositions in the world. About 10 people from the HCC attended this event last year. This exposition runs from Friday through Sunday (March 11-13). If you're looking for gear, you will be able to see the latest in canoes, kayaks, paddling gear, camping equipment, and clothing from about 100 vendors in the Exposition Hall. If you're looking for a bargain, merchandise is typically 15% off and some vendors may have even better deals on close-out items. It's a great chance to look over and evaluate the equipment you've read about on the web and in magazines.



In addition to cool boats and gear, there will be presentations and clinics on paddling techniques, trip experiences, places to paddle, and instructional information. Canoeecopia provides over 50 different educational sessions that you can choose from.

At this time, several HCC paddlers are planning on heading up there so watch the Bulletin Board to see who is going and to work out ride sharing. Rooms fill up quickly so think about registering and getting a place to stay as soon as possible.

The cost of the show for the weekend is \$15.

Additional event information can be found at: <http://www.canoeecopia.com>

Canoe Camping Trip Possibilities 2011

Trip Idea Coordinator: Dwayne James

In prior years we have had members step up and offer to coordinate and lead canoe trips to out of state locations. I want to coordinate planning for one or more such events for this year and next. Have you ever wanted to camp in the Boundary Waters Canoe Area Wilderness in northern Minnesota? Or head to the Quetico or Algonquin Provincial Parks in Canada? Or a nice fall trip during October to the Current River in Missouri? Where else is a great canoeing destination you would be willing to share?

I will bring up the idea during the trips planning meeting January 23, 2011. For those who were not there, please send me your ideas. Where, possible time period, potential gear needed and approximate costs, and number of participants if you have a group limit. I will take these ideas, talk to you to refine them, and post another report in May to get your ideas out to the club. Once these are posted, members can contact each leader volunteer and you and they can work out the details for your trip.

Send your trip ideas and draft plans to: Dwayne James kanudreams@sbcglobal.net

See you on the water!

***Let's Have More Fun!**

Photo Credits: Pages 4, 10, 11 Back —Jim Sprandel, Page 7—Tom Beckerich, Page 3—Jordan Ross, Page 2—Kim Henry





Eagle Creek Lake, January 2011

Upcoming Events

Sat. mornings 10am-Noon	Pool Sessions- Thatcher Pool	Page 6, Bulletin Board
Feb. 18-27	Boat, Sport, and Travel Show	Page 9
Sat. March 5	6th Annual Whitewater Warehouse Boat Demo, Indianapolis	Page 6
Fri. March 11-Sun March 13	Canoecopia 2011—Madison, WI	Page 9
Sat. March 12	Sugar Creek Ice Falls Trip	Page 8

March Newsletter Deadline: Please submit articles to Kim Henry by Tuesday, February 15, 2011. Please e-mail articles and pictures to editor@hoosiercanoeclub.org.

The Newsletter of the Hoosier Canoe Club

The Hoosier Paddler
 Jim Sprandel, Editor
 6505 Dean Road
 Indianapolis, IN 46220

