

The Hoosier Paddler

Month March 2016, Vol. 54 Issue 2

<http://www.hoosiercanoeclub.org/>



From the Skipper:

A big thank you goes out to Duane Garlach who hosted the trip planning meeting this year. We had a great turnout and have some world class trips planned for 2016. There are several Flatwater and Sea Kayaking trips that venture out of state to beautiful locations that are usually only a tank's worth of gas away, white water is expanding its reaches across the Atlantic and venturing to the Nile River in Uganda, and 2016 also happens to be a Pirate Paddle year! Thanks to the Gates family for arranging a massive river log jam cleanup last year, a club favorite is returning: the Raccoon Creek paddle during Bridge Fest in October. Conservation efforts continue with cleaning up local favorites such as the White River, Eagle Creek, and Fall Creek. Please check out our calendar under upcoming events on <http://www.hoosiercanoeclub.org/> to see all of the great offerings for this year, as they are too numerous to mention here. If you are a trip sponsor, please check to make sure the information for your trip is there and correct. If you see an empty weekend and you would like to sponsor a trip, please contact the appropriate section chair and we'll get it on the calendar.

Watch for an email to club members from Muskrat announcing the details of the April Fools on Big Pine trip (4/2/16)

See you on the water!
Natalie

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Volunteers Needed!

Feb 20-21 and 27-28
Boat, Sport and Travel Show
Contact:
dwaynesjamesa1@hotmail.com

2016 Hoosier Canoe & Kayak Club Trip Schedule

We will be emailing a copy of the trips schedule to all members in the coming week. It is not too late to step up to sponsor a trip to your favorite creek, lake or country. Remember to send your trip announcements and your trip reports to the newsletter editor at dwaynesjamesA1@hotmail.com

Boat Sport and Travel Show

February 19-28, 2016

Volunteers Needed for Sundays and Saturday Mornings

We will have a booth this year at the Boat, Sport and Travel show only on the weekends. Stop by and say or volunteer to be in the booth. The show runs from Feb. 19-28. Please contact Dwayne James by 8 pm on 2/14 if you would like to volunteer. Volunteers do get free tickets for the show. dwaynesjamesA1@hotmail.com

Wilderness First Aid class – Feb.27

Paddlers don't miss this great opportunity to be a lifesaver on trips! The HCKC is proud to offer its own CPR and wilderness first aid class (WFA). WFA is the assessment of and treatment given to an ill or injured person in a remote environment where definitive care by a physician and/or rapid transport is not readily available. Participants will learn how to assess, treat, and (when possible) contain emergencies within the scope of their training. Think how important this could be when you are on the river and far from help. This training is being provided by a certified instructor recommended by another club.

An 8 hour class will be held on February 27th in Plainfield for HCKC members. The class will start at 9 am and is expected to complete around 6 pm. Limit of 60 attendees with a minimum of 12. The cost for the first 30 HCC members will be \$50 (the club is subsidizing \$50 per person), then it will cost \$75 for the next 30 members (the club is subsidizing \$25). Lunch and an afternoon snack will be provided by the Gates Family (Thank you Gates Family!). This course entails 3 hours of CPR/AED training and 5 hours of wilderness first aid training.

RSVP by February 14th to rhenry575@gmail.com. Upon RSVP, payment instruction and location details will be provided.

REGISTER TODAY!

Background on the instructor: "I am a Lieutenant and EMT for Fishers Fire Dept. and have been there for 14 years. I have been teaching CPR/CPR and First Aid classes for about 10 years and picked up the WFA class about 4 years ago. I used to teach several fire certification classes for the State of Indiana but I no longer do those. I quit doing the fire classes after the CPR/AED and First Aid classes kept me busy enough and the fire classes were all multi-day classes that became a nightmare to schedule.

I am an Asst. Scoutmaster for Troop 293 out of Charlottesville where my 2 sons are active Scouts. We, as a family live a very active outdoor lifestyle. I am a co-founder and former President of Raintree Cycling Club in Henry County, we ride road bikes and mountain bikes, kayak, hike, backpack, tent camp and we have an RV."

Dues are Due!

Dues are due! The online members list has been updated to show your dues status. If the year noted below your first name is "2016" you NEED to send me \$15 by 3/1/2016.

Link to list: http://www.hoosiercanoecub.org/HCC_List.pdf

You can renew online via PayPal, <http://formsmarts.com/form/k5u> OR Download, print and complete the membership form from [hoosiercanoecub.org](http://www.hoosiercanoecub.org) and mail it to me. See

<http://www.hoosiercanoecub.org/App06.pdf> OR catch up with Dave Ellis at a Saturday morning pool session with cash. Dave Ellis

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Trip Announcement

Ice Falls Trip March 5, 2016

Trip Sponsor: Dwayne James

Get your early paddling fix with the annual (open water permitting) Ice Falls Trip on Sugar Creek.

We will meet at Deers Mill Covered bridge at 10:30 a.m. The putin is at Deers Mill bridge, next to the canoe livery at the east end of Shades State Park on Indiana 234. You must pass the entrance to Shades to get to the bridge. The shuttle should run about 11:00 a.m. The takeout will be determined pending resolution of parking issues. We will go to at least The Narrow's Bridge located at the East edge of Turkey Run State Park. More than likely we will be able to paddle another 3 miles to take out at Cox Ford Bridge as we have done most years.

Bring a lunch and drink for the trip as there are no other provisions along the way. Some paddlers elect to eat together at the Turkey Run Inn or somewhere else before driving home. We can talk about that while we paddle and make plans for those that wish to do so.

Please watch the weather and be sure to contact Dwayne prior to the trip since this trip may be cancelled due to frozen water or bad weather. If the water is frozen, or the temperature is below 30 F for the day, or if the water level is above 3.5 feet on the USGS gauge we will cancel the trip. Follow this link to check the flow: http://waterdata.usgs.gov/in/nwis/uv?site_no=03339500 Dress accordingly and be sure to bring a dry bag with extra clothes in case you get wet.

Please contact Dwayne by Friday evening, March 4th to confirm your attendance and that the trip is a go.

DwayneSJamesA1@hotmail.com

Cold Weather Paddling Tips--

Jim Sprandel:

During the winter, paddling is still enjoyable but you need to dress properly to be comfortable and safe. The Fort Wayne paddling group circulated the following links on how to survive if you fall through thin ice:

<http://www.archive.org/details/ColdWaterSurvival>

<http://www.archive.org/details/YoureOutNowWhat>

<http://www.archive.org/details/Gett...tSinkingFeeling>

If you want to paddle, be sure to paddle with other people. Especially during this time of year, there's safety in numbers.

Canoecopia

Madison, Wi March 11-13, 2016

The ultimate place to get gear and check out the latest paddling equipment happens March 11-13 at the Alliant Energy Center in Madison, WI. Our very own member Darlene Patterson will be a guest speaker, discussing her trip on Arctic Rivers in Norway and Finland on Saturday, March 12 from 12:30 to 1:15pm.

More information can be found here: <http://www.canoecopia.com/canoecopia/speaker.asp?spid=1001892>

Remember, the Central Indiana Wilderness Club is taking a group to the show. We sent out an email to members with the contact information and details.

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Training Opportunity

May 6-8 : ACA Level 1/2 ICW- Essentials of Kayak Touring Instructor Certification Workshop

Join the ranks of our certified HCKC instructors and help teach our members the joys of kayaking. This weekend ACA class will be held at the Wildcat Kokomo Reservoir. Friday, May 6 5-8pm, and Sat/Sun 9-5. Cost \$325.

The course is not a skills course and geared towards the more seasoned paddler looking for development as an ACA instructor candidate. Students may be certified at either a full L2 or L1 depending on demonstrated skill set. Contact Joe Rozsahegyi / ACA State Director to register instatedirector@americancanoe.net Registration is available until class is filled. Tentative class size is 5, may increase to 10 based on a wait list and additional instructor availability.

This class is to certify experienced paddlers to teach kayak skills. Excellent for camps, paddle clubs, liveries, retailers and individuals to obtain formal accreditation to provide training from entry level to touring level skills. Once certified, instructors are able to obtain free liability insurance through the ACA to cover their classes. Class instructor is Ivan Bartha, Midwest division director for the ACA.

The Essentials of Kayak Touring Instructor Certification Workshop (ICW) is part of a nationally recognized curriculum provided by the American Canoe Association. This class combines both Instructor Development Workshop and the Instructor Certification Exam in one event. Participants are expected to come with intermediate kayaking skills and an ability to teach skills outlined in the Essential Eligibility Criteria which is linked below. Some equipment will be provided, but will be limited to rescue equipment and some extra paddling gear. Personal gear/clothing is the responsibility of the participant. Limited rental kayaks are available.

See ACA website for details of the L1 and L2 curriculum <http://goo.gl/OSFzMe>

Save The Date!!!

Pirate Paddle October 15, 2016

Aye Maties! Tis the year when all pirates and scoundrels will be convening for the gatherin' on the Great White River. Set yer courses for . . .

Saturday, October 15, 2016

Pirate Paddle & Party

White River Yacht Club, Broad Ripple, Indianapolis



Eco-Adventure Traveler to Speak

March 6, 2016

Sunday, March 6 the White River Alliance, Friends of the White River, and Earth Charter Indiana welcome home Bryan Brown! Bryan is an eco-adventure traveler and will relive his remarkable story about successfully completing the first-ever solo, unsupported descent of the entire 2,400-mile Colorado River Watershed as well as the first solo source-to-mouth kayak descent of the Yukon River and the longest self-supported descent of Canada's MacKenzie River Watershed in history. Don't miss his tales of extreme weather, extreme paddling challenges, and weeks alone crossing extensive tracts of true wilderness!

Same day, 2 locations:

March 6th

1:00 pm, Holliday Park, 363 Spring Mill Rd, Indianapolis, IN

<http://friendsofwhiteriver.org/>

March 6th

3:00 pm, Carmel Library 55 4th Ave Carmel, IN

https://gallery.mailchimp.com/13be7748141c70456dc513fbb/files/Kayaker_flyer_2_01.pdf.

Training Volunteers

Due to ever increasing costs of classes and the need to provide more affordable training to our members, the HCKC board is interested in developing and sponsoring a pool of internal instructors. If you are interested in volunteering to become an ACA or WFA (wilderness first aid) instructor, we would be interested in getting you certified with the understanding that you would then teach at least 1 course per year to the club. We would also be interested in a safety director of sorts who would like to coordinate training and courses we should offer.

Kayak and Canoe Fishing

Fishing from a kayak and canoe is becoming ever more popular. John Wainscott just got some new equipment and is chomping at the bit to get it out and catch some fish. With spring approaching, there is a lot of great fishing to be had in Indiana lakes and rivers. Would you like to join John out on a fishing trip? Please email John and let him know you're interested at wldleak@sbcglobal.net This has potential to turn into a new section for the club, so please let us know if this is something you would like to do. Please remember to follow all local guidelines and laws pertaining to fishing.

You can get a refresher on Indiana regulations and purchase a license here: <http://www.in.gov/dnr/fishwild/2347.htm>

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Trip of a Life Time Announcement Uganda December 2016

One of our newer members, Hasina Mirembe, is taking the plunge to sponsor a trip this year to her native country of Uganda to kayak the legendary Nile River. These world class rapids on the Nile are being threatened by a dam being built and this trip may very well not be possible to run in a few years. This is a very rough estimate on dates and on costs, but we want to allow members to be able to prepare for the trip as soon as possible. Flatwater and white water kayaking are available, along with rafting so all paddling disciplines and skill levels are welcome to enjoy this trip and the beauty of Uganda. We are hoping to get a solid group so that we can take advantage of lower cost airfare, lodging, and equipment rental.

Expected take off: Dec. 18 or 19, 2016

Estimated cost of the trip: \$2500-3000 for two weeks; includes food, lodging, equipment. Safari would cost extra.

Rafting info - Nile River Explores

<http://raftafrica.com/>

Rafting and kayaking info:

<http://kayakthenile.com/>

Some info about the proposed dam:

<http://www.internationalrivers.org/blogs/229/uganda-dam-could-drown-local-jobs-adventure-tourism>

Please contact Hasina at hasinamk17@gmail.com for any questions and/or to RSVP for the trip. Please put Uganda in the subject line so the email won't get missed.



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